



## **MINING THE GEMS: INVESTING IN THE FUTURE**

### **40<sup>TH</sup> ANNUAL CONFERENCE PROGRAM**

TUESDAY – SATURDAY, APRIL 9 – 13, 2019

LINKSIDE CONFERENCE CENTER AT SANDESTIN GOLF AND BEACH RESORT  
MIRAMAR BEACH, FLORIDA

# ESAS

 **UMBC**  
Erickson School  
of Aging Studies



The Erickson School of Aging Studies develops, educates, and creates the exceptional leaders in aging with a genuine connection to real world of the business of aging. ESAS' vibrant multidisciplinary curriculum infuses aging issues, business management and public policy.

Offering B.A, M.A and Accelerated B.A/M.A and a Post-Baccalaureate Certificate in the Management of Aging Services students connect to the Nonprofit, For-Profit and Government sectors throughout their ESAS experience.

**Location:** UMBC is located in the Washington D.C - Baltimore corridor close to leading technology & business innovators in aging services, the Social Security Administration, Centers for Medicare and Medicaid Services & the National Institutes of Health.



[erickson.umbc.edu](http://erickson.umbc.edu)

Combine a leading university with a professional school dedicated to educating leaders to create environments that honor, respect, and engage older adults.





# 2019 SGS ANNUAL CONFERENCE

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### 2019

The conference program is also accessible through our event program app. Attendees can access the app two ways:

- Desktop or browser at <https://eventmobi.com/sgs2019/>
- From the “App” store on any device download the eventmobi app. Once it is downloaded, enter the meeting code “SGS2019” to access the program content.



## General Information

### Badge & Event Ticket Policy

A conference registration badge is required for admission to all annual meeting session events. 2019 Ticketed events that are not included in conference registration are limited only to the pre-conference workshops. Attendees who have paid their conference registration are welcome to participate in all other scheduled events. Guests who have not paid for conference registration are welcome to participate in the awards luncheon, the Ruby Anniversary Gala, and the diversity breakfast panel with the purchase of a single event ticket. Tickets for these events may also be purchased at the registration booth. Attendees are required to wear their registration identification tags while they are participating in all conference sessions and activities.

### Business Center

Sandestin's Linkside Business Center, located adjacent to Linkside Conference Center can assist with many business needs including shipping, copying, and fax services.

### Internet Access

Wireless Internet is free in the following areas: Linkside Public Areas, all Sandestin Guest Rooms and Linkside and Bayside Meeting Rooms.

### Cell Phone Policy

As a courtesy to the presenters and other attendees, please silence your cell phones while attending conference sessions.

### Emergency and Medical Assistance

In case of an emergency or if medical assistance is required, Sandestin is equipped with 24 hour/7 day a week security. All Sandestin Security Officers are CPR/AED certified. All Security Vehicles are equipped with an AED device. Local EMT/Medical Assistance averages fewer than eight minute response time to the resort.

Sacred Heart Hospital is located less than 2 miles off property and has a full-service Emergency Room. Please report any and all emergencies to the registration desk as soon as possible after securing medical help.

**Be sure to tag your pictures and tweets with #SGSEngage and #SGS2019 and #SGSRuby and share with us on Twitter at @sgsmgr**

This program book contains listing of sessions with only the presenting authors listed. For full presentation details, including all author listings and complete abstracts, please visit [https://southerngerontologicalsociety.org/docs/2019\\_SGS-Book-of-Abstracts.pdf](https://southerngerontologicalsociety.org/docs/2019_SGS-Book-of-Abstracts.pdf)

### Sandestin Resort Mobile App

The Sandestin resort spans 2,400 acres. To navigate it, we strongly recommend downloading the Sandestin Golf & Beach Resort Mobile App. This APP also features a live-time trolley map which will help guests determine where and when a trolley will be stopping. To Download, simply open the "App Store" and search for "Sandestin Resort". While you are downloading that app - don't forget to acquire our SGS2019 Conference Event Mobi app!

### Lost & Found

Lost items should be returned to the SGS registration booth. Should you lose anything, please visit the registration booth to report the lost item.

### Photography Disclaimer

By attending the SGS 2019 Annual Meeting, you acknowledge that photographs and/or videos of you may be taken by our conference staff and/or photographers at any time. Furthermore, you grant SGS permission to use photographs and/or videos of your likeness in any type of media, including websites and print publications, without compensation or reward.

### Continuing Education/Contact Hours

CEU and CME hours are approved for this event for Case Management, Social Workers, Long Term Care Administrators, and Healthcare Personnel. Attendees needing hours must check in with our Conference Guest Services Booth (next to registration). Onsite registration for CEUs is a flat \$30 fee. In order to receive credit for this event, attendees must pick up, complete, and return the evaluation forms.

### Registration Desk Hours

Tuesday, April 9	8:00 a.m. - 8:00 p.m.
Wednesday, April 10	8:00 a.m. - 6:00 p.m.
Thursday, April 11	8:00 a.m. - 6:00 p.m.
Friday, April 12	8:00 a.m. - 6:00 p.m.
Saturday, April 13	8:00 a.m. - 12:00 p.m.

### Special Guest Services

If special arrangements are required for any attendees, please visit the guest services desk for assistance

## Message from SGS President Jennifer Craft Morgan



As President of the Southern Gerontological Society, I am pleased to welcome you to our 40th anniversary meeting. As part of this celebration, the theme of this meeting is *Mining the Gems, Investing in our Future*. This is the ideal opportunity for us to identify what we have been doing well as a society and identify our persistent challenges over our history. Using this knowledge, we will work together to build on our strengths and overcome the obstacles set in our path.

This celebratory meeting will be held at the breath-taking **Sandestin Golf and Beach Resort** on the Florida panhandle. I hope you get a chance to enjoy the white sand beaches and the fresh seafood during the conference. It is one of my favorite places in the whole world and I am thrilled to share it with you.

This year, we have implemented some changes that have worked well over the last few years and that we hope will become a regular part of the conference.

- Again, we created sessions in ways that ensure that researchers, practitioners, policy advocates and older adult consumers create linkages in terms of networks, sharing ideas and moving forward the agenda to contribute to older adult quality of life and reduce inequalities.
- We, again, organized the conference into eight tracks. You will notice there is a bit of overlap between the themes. This is done purposefully so that those who normally remain in silos have the opportunity to hear a multitude of perspectives on any given issue. We will have a feature symposium in each of the eight tracks. These feature sessions are highlighted in the program. These feature sessions are highlighted as the “best of the best” in the track.
- We are also integrating both well-being and older adults into our conference. There will be a room set aside for mini-workshops that will be appropriate for older adults (Bayview Room) and conference attendees who want a wellness break. We are hosting a roundtable luncheon on Friday led by Culture Change Network of Georgia during which attendees will participate in table discussions and input will be discussed and organized into priority topics for future SGS meetings and initiatives.
- We have made a big investment in CEUs for groups we think could benefit from our content and expertise as a society, including nursing, long-term care administrators, social work and case managers. Please make sure to welcome them to the conference and help us to understand how we can make our conference better with them in mind.
- We are celebrating! We have made it to 40 years! This is quite a feat for a regional gerontology organization, many of which have merged or failed. We have succeeded and thrived because of the commitment of our members and the foresight of our forefathers and foremothers who developed the *Journal of Applied Gerontology*. Please join us for all the special events including the SGS 40th Anniversary Gala on Friday night. If you have not yet donated to the SGS Endowment, it is not too late!

I challenge you to make new friends, try on some new ideas and share your perspectives with your fellow conference attendees. Think about your own strengths and how they can be put to good use in building up our community and our Southern Gerontological Society.

Please also take a moment to thank our fabulous executive director, Lee Ann Ferguson, the SGS Board, the sixteen program chairs and the two wellness room chairs, committee chairs, session moderators, our sponsors, exhibitors and the older adults and others that are joining our meeting for the first time. We all have a part to play in making the endeavors of the Society a success!

I sincerely hope you have an enjoyable and enriching conference experience.

Sincerely,

**Jennifer Craft Morgan**

# SGS STUDENT MIXER AND NETWORKING EVENT

## WHEN

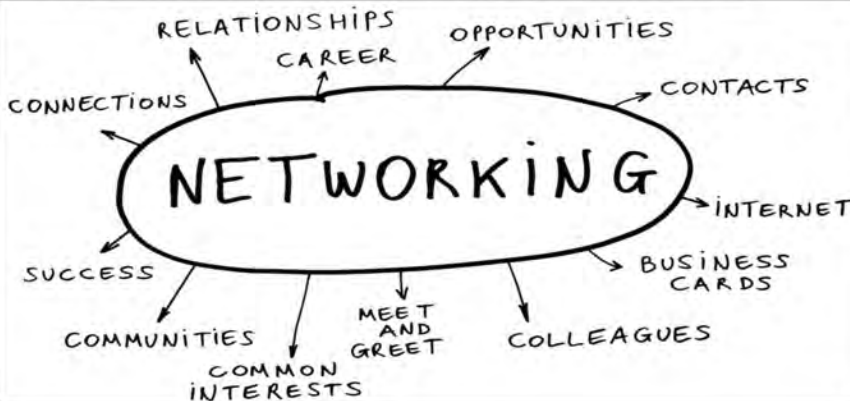
April 10th, 2019  
8 PM – 10 PM

## WHERE

Rum Runners at Bayside Wharf  
130 Fisherman's Cove Sandestin, FL

Students interested in this event must sign up at the registration desk by 3pm on Wednesday, April 10.

Host: Jeffrey Lentz, SGS Student Representative Elect



# In Memory

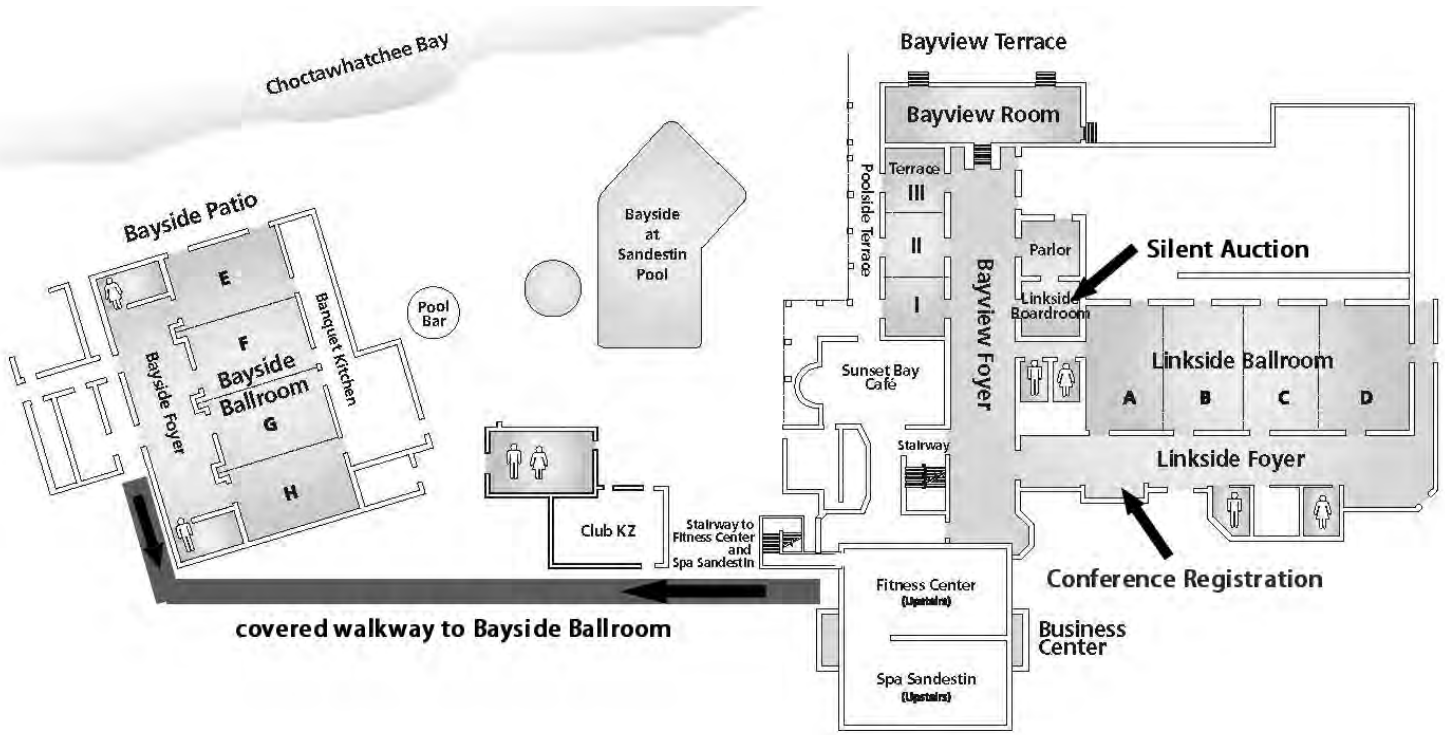
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## THE VICTOR W. MARSHALL FELLOWS IN APPLIED GERONTOLOGY

Prior to our Dr. Marshall's passing, both the SGS Awards and Development committees worked directly with both he and President Jen Craft Morgan to initiate what is now titled the SGS Victor W. Marshall Fellows in Applied Gerontology. This designation was designed to recognize SGS members, from all aspects of gerontology, who have made and continue to make substantive contributions to the field. Those who have been selected to be inducted during this years inaugural class have demonstrated excellence in at least two of the following areas: provision of care, collaborative agenda setting, research and scholarship, mentoring of gerontologists, public service, teaching and mentoring of students, or advocacy and service to older adults. Should you see this pin on one of your colleagues, please congratulate them. SGS will reopen applications for the 2020 class in fall of 2019.

# Conference Floorplan



## THE LINKSIDE CONFERENCE CENTER





TUESDAY APRIL 9				
TIME	LOCATION	TITLE	TRACK	PRESENTER (S)
8:00 AM - 8:00 PM	LINKSIDE REGISTRATION DESK	Registration and Conference Services Open		
8:00 AM - 8:00 PM	LINKSIDE REGISTRATION DESK	Silent Auction Intake		
<b>Pre-Conference Workshops</b>				
8:30 AM - 4:30 PM	TERRACE I	<b>NCCDP Training: Alzheimer's Disease &amp; Dementia Care Seminar</b>		Denise Scruggs, Beard Center on Aging
8:30 AM - 2:30 PM	TERRACE III	<b>Music &amp; Memory® Personal Music Intensive Workshop</b>		Deb Ferris, Music and Memory
Pre-registration is required for pre-conference workshops. The NCCDP workshop is \$175, the Music and Memory Workshop is \$20 for attendance, CEUs available for an additional \$30 (one time CEU processing fee includes CEUs for conference as well). Pre-conference ticketing will be available through the SGS website or call 866-920-4660 to register.				
1:00 PM - 2:30 PM		<b>CONCURRENT SESSIONS A</b>		
	BAYSIDE BALLROOM E	<b>Diversity Student Paper Session</b>	DIVERSITY AND AGING	
		<i>Implications of South Korean Nursing Home Policy for the US.</i>		Hyeon Jung Kim, University of Nebraska Omaha
		<i>African American Aging in Forsyth County, North Carolina: Exploring Needs</i>		Dessiree' Waldron, Winston-Salem State University
		<i>Disability Free Life Expectancy Among Very Old Mexican Americans</i>		Anqi Pan, University of Georgia
		<i>The Relationship of Minority Stress and Disability among LGBT Adults 50 Years and Older: An Application of the Disablement Process</i>		Jeffrey Lentz, Georgia State University/ University of North Georgia
	BAYSIDE BALLROOM F	<b>Technology Combined Workshop Session</b>	TECHNOLOGY AND AGING	
		<i>Assistive Technology: What Is It and Who Does It Benefit?</i>		Danny Housley, Georgia Institute of Technology, Tools for Life
		<i>Technologies of Inclusion, Enhanced Aging, and the Role of Policy</i>		Paul Baker, Georgia Institute of Technology, Center for Advanced Communications Policy
	BAYSIDE BALLROOM G	<b>Living with Dementia Workshop</b>	LIVING WITH DEMENTIA	
		<i>Identifying the Neuropsychological Symptoms of Dementia</i>		Christine Cauffield, LSF Health Systems

This program book contains listing of sessions with only the presenting authors listed. For full presentation details, including all author listings and complete abstracts, please visit [https://southernogerontologicalsociety.org/docs/2019\\_SGS-Book-of-Abstracts.pdf](https://southernogerontologicalsociety.org/docs/2019_SGS-Book-of-Abstracts.pdf)

## Conference At a Glance

TUESDAY APRIL 9				
TIME	LOCATION	TITLE	TRACK	PRESENTER (S)
<b>1:00 PM - 2:30 PM</b>		<b>CONCURRENT SESSIONS A</b>		
	BAYSIDE BALLROOM H	<b>Community-Based Behavioral Interventions: Paper Session</b>	WELLNESS, WELL-BEING AND QUALITY OF LIFE	
		<i>Enhancing the well-being of care providers and their care recipients through online self-led intervention: Challenges and preliminary results of the CARE2 ONLINE program</i>		Ohad Green, University of South Florida
		<i>The preliminary results of the Effectiveness of 'Tele-Savvy' on Self-Care and Positive Caregiver Experiences in Caregivers of Persons Living with Dementia</i>		Fayron Epps, Georgia State University
		<i>Establishing a Multifaceted Falls Prevention and Healthy Aging Program, in a Rural Florida County, Through Public-Private Partnerships</i>		Megan McCarthy, Florida Department of Health in Sumter County
		<i>Eating and Providing in a Food Desert: Educating through Food Banks</i>		Suzanne Kitts, Gannon University
<b>2:00 PM - 4:30 PM</b>	BAYVIEW ROOM	SGS Board of Directors Meeting		
<b>3:00 PM - 4:30 PM</b>		<b>CONCURRENT SESSIONS B</b>		
	BAYSIDE BALLROOM E	<b>Partnerships In Care Feature Session</b>	PARTNERSHIPS IN CARE	Discussant: Candace Kemp, Georgia State University
		<i>Partnerships and Evidence-Driven Programs Supporting Family Caregivers</i>		Christine Jensen, Riverside Center for Excellence in Aging & Lifelong Health; Laura Bauer, Mattie J.T. Stepanek Foundation
	BAYSIDE BALLROOM F	<b>Living With Dementia Workshop</b>	LIVING WITH DEMENTIA	
		<i>Dementia Inclusive Durham: A model to enhance well-being among communities of people living with dementia</i>		Eleanor McConnell, Duke University; Carmelita Karhoff, Dementia Inclusive Durham; Thomas Konrad, University of North Carolina at Chapel Hill
	BAYSIDE BALLROOM G	<b>Living With Dementia Workshop</b>	LIVING WITH DEMENTIA	
		<i>ABC of Dementia for Family Caregivers</i>		Deborah Selsavage, Coping with Dementia LLC



TUESDAY APRIL 9				
TIME	LOCATION	TITLE	TRACK	PRESENTER (S)
<b>3:00 PM - 4:30 PM</b>		<b>CONCURRENT SESSIONS B</b>		
	<i>BAYSIDE BALLROOM H</i>	<b>Management Of Chronic Illness: Paper Session</b>	WELLNESS, WELL-BEING AND QUALITY OF LIFE	
		<i>Determinants of the influence of multiple chronic diseases on coping</i>		<i>Adeleye Adaralegbe, University of North Texas; Ngozi Chima, University of North Texas</i>
		<i>Self-management for community-dwelling American Indians living with Type 2 diabetes</i>		<i>Jacqueline Jones, University of Colorado College of Nursing; R. Turner Goins, Western Carolina University</i>
		<i>Factors associated with improved self-efficacy in managing diabetes</i>		<i>Cheng Yin, University of North Texas</i>
<b>5:00 PM - 6:30 PM</b>	<i>LINKSIDE A &amp; B</i>	<b>PRESIDENTIAL WELCOME AND KEYNOTE GUEST</b>		<i>Richard Prudom, Secretary of Florida Department of Elder Affairs</i>
<b>6:30 PM - 8:00 PM</b>	<i>LINKSIDE C &amp; D</i>	<b>STUDENT POSTER SESSION AND RECEPTION</b>		
WEDNESDAY APRIL 10				
TIME	LOCATION	TITLE	TRACK	PRESENTER (S)
<b>7:00 AM - 7:45 AM</b>	<i>FITNESS CENTER</i>	Yoga		
<b>7:30 AM - 9:00 AM</b>	<i>BAYSIDE E &amp; F</i>	Continental Breakfast		
<b>8:00 AM - 6:00 PM</b>	<i>LINKSIDE REGISTRATION DESK</i>	Registration and Conference Services Open		
<b>8:00 AM - 5:00 PM</b>	<i>LINKSIDE REGISTRATION DESK</i>	Silent Auction Intake		
<b>9:00 AM - 2:00 PM</b>	<i>LINKSIDE FOYER</i>	Exhibit Hall Setup		
<b>9:00 AM - 10:15 AM</b>	<i>LINKSIDE A &amp; B</i>	<b>OPENING PRESIDENTIAL KEYNOTE ADDRESS</b>		<i>SGS President, Dr. Jennifer Craft Morgan</i>
		<b>Wednesday Wellness MiniWorkshops</b>		
<b>10:30 AM - 11:15 AM</b>	<i>BAYVIEW ROOM</i>	<b>Diamonds in the Ruff: Maximizing the Power of Pets to Enhance Well-Being</b>		<i>Kimberly Erin Wolf, University of Georgia</i>
<b>11:15 AM -12:00 PM</b>	<i>BAYVIEW ROOM</i>	<b>Beating out Stress through Rhythm</b>		<i>Becky Watson, Music for Wellness, LLC</i>
<b>1:00 PM - 1:45 PM</b>	<i>BAYVIEW ROOM</i>	<b>Self-Care for Caregivers: The "I Fill My Cup" Challenge</b>		<i>Jill Johns, Jill Johns International LLC</i>
<b>1:50 PM - 2:50 PM</b>	<i>BAYVIEW ROOM</i>	<b>Personalized Music: It Isn't Just for Recreation Anymore!</b>		<i>Deb Ferris, Music and Memory®</i>

## Conference At a Glance

WEDNESDAY APRIL 10				
TIME	LOCATION	TITLE	TRACK	PRESENTER (S)
<b>10:30 AM - 12:00 PM</b>		<b>CONCURRENT SESSIONS C</b>		
	BAYSIDE BALLROOM E	<b>Spaces For People Living With Dementia: Paper Session</b>	LIVING WITH DEMENTIA	
		<i>Outcomes from a Multi-Disciplinary Community Visioning Workshop Focused on Innovation in Dementia Programs and Services</i>		<i>Emily Roberts, Oklahoma State University</i>
		<i>Support Groups for Alzheimer's Caregivers: Creating Our Own Space in Uncertain Times</i>		<i>Kim Stansbury, North Carolina State University</i>
		<i>What does a Dementia-Friendly Church look like in the African American Community?</i>		<i>Fayron Epps, Georgia State University</i>
	BAYSIDE BALLROOM F	<b>Gerontological Education Feature Session</b>	GERONTOLOGICAL EDUCATION	<i>Discussant: Sarah Boehle, Shawnee State University</i>
		<i>Adapt or Perish: A Darwinian Look at Gerontological Education</i>		<i>Ed Rosenberg, Appalachian State University; Graham Rowles, University of Kentucky; Elisabeth Burgess, Gerontology Institute, Georgia State University</i>
	BAYSIDE BALLROOM G	<b>Wellness, Well-Being and Quality Of Life Feature Session</b>	WELLNESS, WELL-BEING AND QUALITY OF LIFE	<i>Discussant: Tiffany Washington, University of Georgia</i>
		<i>Enhancing Senior Wellness through Intergenerational Service Learning Programs in Long-Term Care Settings</i>		<i>Shelly Beaver, Old Dominion University; Kelly Munly, Penn State Altoona; Sherri Mcgregor, Penn State Altoona</i>
	BAYSIDE BALLROOM H	<b>Death, Trauma, &amp; Coping: Paper Session</b>	WELLNESS, WELL-BEING AND QUALITY OF LIFE	
		<i>Away but Not Gone: Continuing Bonds and Deceased Loved Ones in Social Convoys</i>		<i>Sara Stemen, Miami University</i>
		<i>Examining the Influence of Distal and Proximal Trauma Events on Loneliness in Centenarians</i>		<i>Kristopher Struckmeyer, Oklahoma State University</i>
		<i>Death and Human-made Disaster: Exploring the Structural Ritualization of Grieving in Later Life</i>		<i>Jason Ulsperger, Arkansas Tech University</i>
		<i>The Fears of Older Women</i>		<i>Yi Lin, University of Kentucky</i>
	LINKSIDE D	<b>Professional Development Session</b>	GERONTOLOGICAL EDUCATION	<i>Discussant: Debby Yoder</i>
		<i>Death Café: An introduction and workshop</i>		<i>Lelanya Taber, Vitas Healthcare Death Café, Fort Walton Beach</i>
<b>12:00 PM - 1:00 PM</b>		Session Break - Lunch on Own		



WEDNESDAY APRIL 10				
TIME	LOCATION	TITLE	TRACK	PRESENTER (S)
12:00 PM - 2:30 PM	LINKSIDE C	Room Open for Profession Poster Session Set up		
1:00 PM - 2:30 PM		<b>CONCURRENT SESSIONS D</b>		
	BAYSIDE BALLROOM G	<b>Meaningful Engagement and Dementia: Paper Session</b>	LIVING WITH DEMENTIA	
		<i>Alternative therapies in Person-centered Care for Persons with Dementia in Nursing Homes</i>		Kallol Kumar Bhattacharyya, Gerontology Institute, Georgia State University
		<i>Drawing from Memory</i>		Melanie Davenport, Georgia State University
		<i>Using Virtual Reality to Simulate the Experience of Dementia</i>		Frances Bottenberg, University of North Carolina Greensboro
		<i>Attitudes toward Dementia and Sexuality in Assisted Living</i>		Elizabeth Burgess, Gerontology Institute, Georgia State University
	BAYSIDE BALLROOM H	<b>Advocacy For and By Older Adults Feature Session</b>	ADVOCACY	Discussant: Larry Polivka, Claude Pepper Center at Florida State University
		<i>Long-Term Care in the U.S. and Florida: Implications for the Future</i>		LuMarie Polivka-West, Claude Pepper Center at Florida State University
		<i>Managed Medicaid LTC in Florida from 2012 to 2019</i>		Larry Polivka, Claude Pepper Center at Florida State University
		<i>The Nursing Home of the Future: Why Not Green House Living for All?</i>		Adam West, Claude Pepper Center at Florida State University
	LINKSIDE A	<b>Gerontological Education Workshop</b>	GERONTOLOGICAL EDUCATION	
		<i>Sigma Phi Omega: Learn how to join, create a chapter, and serve in the leadership of the International Academic Honor and Professional Society in Gerontology</i>		Cynthia Hancock, University of North Carolina Charlotte; Pamela Pitman Brown, Albany State University; Diane Martin, McDaniel College; Amy Plant, Youngstown State University
	LINKSIDE B	<b>The Power Of Place: Florida Spotlight Session</b>	POWER OF PLACE	Discussant: Graham Rowles, University of Kentucky
		<i>The Power of P.A.C.E. Programming: Florida Successes</i>		Liz Parry, National PACE Association; Matt Hudson, Florida PACE Providers Association
	LINKSIDE D	<b>Gerontological Education Workshop Session</b>	GERONTOLOGICAL EDUCATION	
		<i>Bridging the Gap in Inter-professional Communication</i>		Jennifer de la Cruz, Mercer University; David Taylor, Mercer University

# Conference At a Glance

WEDNESDAY APRIL 10				
TIME	LOCATION	TITLE	TRACK	PRESENTER (S)
3:00 PM - 4:30 PM	LINKSIDE C	PROFESSIONAL POSTER SESSION - SESSION B		
3:00 PM - 4:30 PM	LINKSIDE FOYER	EXHIBIT HALL OPENING WITH RECEPTION		
3:00 PM - 5:00 PM	LINKSIDE BOARDROOM	SILENT AUCTION OPENS		
3:30 PM - 5:00 PM	BAYSIDE E & F	Committee Meetings		
4:00 PM - 5:00 PM	BAYVIEW ROOM	Sigma Phi Omega Board Meeting		
6:00 PM - 8:00 PM	BAYTOWNE WHARF	DINE-AROUND NETWORKING NIGHT		
8:00 PM to	BAYTOWNE WHARF	SGS STUDENT COMMITTEE HOSTS: BAYTOWNE WHARF BAR CRAWL		
THURSDAY APRIL 11				
TIME	LOCATION	TITLE	TRACK	PRESENTER (S)
7:00 AM - 7:45 AM	FITNESS CENTER	Yoga		
7:00 AM - 8:00 AM	BAYSIDE EFGH	Breakfast Buffet		
7:45 AM - 8:45 AM	BAYSIDE EFGH	GERONTOLOGIST ROOTED IN THE SOUTH (GRITS) HALL OF FAME INDUCTION CEREMONY		
7:45 AM - 8:45 AM	LINKSIDE A	SIGMA PHI OMEGA MEMBER BUSINESS AND AWARDS MEETING		
8:00 AM - 6:00 PM	LINKSIDE REGISTRATION DESK	Registration and Conference Services Open		
9:00 AM - 5:00 PM	LINKSIDE BOARDROOM	Silent Auction Open		
9:00 AM - 5:00 PM	LINKSIDE FOYER	Exhibits Open		
		<b>Thursday Wellness Mini Workshops</b>		
1:45 PM - 2:30 PM	BAYVIEW ROOM	<b>Mindfulness-based Gentle Yoga to Promote Well-being with Age</b>		<i>Kate Morrissey Stahl, University of Georgia</i>
2:30 PM - 3:15 PM	BAYVIEW ROOM	<b>Living a Life of Purpose &amp; Possibilities</b>		<i>Elizabeth Tait, Western Carolina University</i>
3:30 PM - 4:15 PM	BAYVIEW ROOM	<b>The Introduction of Dementia</b>		<i>Tabitha Johnson, Dementia Education &amp; Consulting, Ltd</i>
9:00 AM - 10:30 AM		<b>CONCURRENT SESSIONS E</b>		
	LINKSIDE A	<b>Partnerships In Care: Paper Session</b>	PARTNERSHIPS IN CARE	
		<b>Identifying Caregiver Training Needs</b>		<i>Jeananne Elkins, Brenau University; Phillip Rustin, Brenau University</i>



## THURSDAY APRIL 11

TIME	LOCATION	TITLE	TRACK	PRESENTER (S)
9:00 AM - 10:30 AM		<b>CONCURRENT SESSIONS E</b>		
	LINKSIDE A	<i><b>BEST: Developing a Caregiver Stress Screening Tool for Geriatric Caregivers</b></i>	PARTNERSHIPS IN CARE	Jeananne Elkins, Brenau University
		<i><b>Determining Knowledge Gaps about Alzheimer's Disease in Diverse Rural Populations</b></i>		Lisa Wiese, Florida Atlantic University
		<i><b>Modifiable Job Characteristics, Working Caregivers, and Work Transitions by Health</b></i>		Dawn Carr, Florida State University
	LINKSIDE B	<b>Gerontological Education: Exploring Teaching Environments Session</b>	GERONTOLOGICAL EDUCATION	
		<i><b>Integrating a Structured Course Development and Review Process in Online Gerontology Courses</b></i>		Louise Murray, University of North Carolina Charlotte
		<i><b>Twilight Wish Foundation- Creating a Bridge from Education to Practice through Participation in a Geriatric Focused Non-profit</b></i>		Julie Hartmann, Gannon University
		<i><b>Teaching Diversity, Inclusion, and Aging to Gerontology Graduate Students Online</b></i>		Rebecca Adams, University of North Carolina Greensboro
		<i><b>Strengthening Gerontological Competencies in Long Term Care: An Educational Model</b></i>		Beth Culross, University of Nebraska Medical Center
	LINKSIDE C	<b>Care Relationships and Technology: Paper Session</b>	TECHNOLOGY AND AGING	
		<i><b>There Is No Care Robot for Older Adults: A Critical Perspective on Assistive Technology for Elder Care</b></i>		Moon Choi, Korea Advanced Institute of Science and Technology (KAIST)
		<i><b>Anticipating the Ethical Issues and Psycho-Social Impact When Using Companion Robots to Combat Social Isolation and Loneliness in Older Adults</b></i>		Amy Royal, UNC-Charlotte
		<i><b>Building Care Relationships using Technology: Behavioral Technology Adoption by Older Adults and their Caregivers</b></i>		Jane Komsky, SimpleC, LLC
		<i><b>Technology Designed for Elders and People Living with Dementia and Changing Cognitive Abilities: Best Practices and The Story of a Simple TV Remote Control</b></i>		Kim McRae, Have a Good Life, Culture Change Network of Georgia, and About Face Technologies

# Conference At a Glance

THURSDAY APRIL 11				
TIME	LOCATION	TITLE	TRACK	PRESENTER (S)
<b>9:00 AM - 10:30 AM</b>		<b>CONCURRENT SESSIONS E</b>		
	LINKSIDE D	<b><i>Trends Shaping The Landscape Of Aging In the United States: Paper Session</i></b>	WELLNESS, WELL-BEING AND QUALITY OF LIFE	
		<i>Use of Prescription Medications for Insomnia among Adults Ages 45+ in the National Alzheimer's Coordinating Center Uniform Data Set</i>		<i>Mairead Moloney, University of Kentucky</i>
		<i>Diversity, Aging, and Opioids</i>		<i>Pam Willrodt, UA Little Rock/Arkansas Economic Development Institute; Deano Traywick, UA Little Rock/Arkansas Economic Development Institute</i>
		<i>The Extent and Nature of Elder Food Insecurity in Tennessee: A Mixed-Method Study</i>		<i>Brandon Wallace, Middle Tennessee State University</i>
		<i>Beginning to Mine the Gems of SGS' Future: Results from the SGS Priorities Survey</i>		<i>Abby Schwartz, East Carolina University, School of Social Work; Karen Appert, Appert Marketing; Graham Rowles, University of Kentucky</i>
<b>10:45 AM - 11:45 AM</b>	LINKSIDE A	<b>FEATURE KEYNOTE: TEEPA SNOW "Living Life Under the Umbrella Of Dementia"</b>		
<b>12:00 PM - 1:30 PM</b>	BAYSIDE EFGH	<b>LUNCHEON &amp; SGS AWARDS CEREMONY</b>		
<b>1:45 PM - 3:15 PM</b>		<b>CONCURRENT SESSIONS F</b>		
	LINKSIDE A	<b><i>Partnerships In Care Feature Session</i></b>	PARTNERSHIPS IN CARE	<i>Discussant: Leisa Easom, Georgia Southwestern State University</i>
		<i>Modeling and Measuring Geriatrics Workforce Training: Creating an Interprofessional Identity</i>		<i>Ed Ansello, Virginia Commonwealth University, Virginia Center on Aging; Emma Wheeler, Virginia Commonwealth University, Department of Physical Therapy; Kimberly Davis, Virginia Commonwealth University, School of Nursing; Sarah Marrs, Virginia Commonwealth University, Virginia Center on Aging</i>
	LINKSIDE B	<b><i>Implications For Workforce Aging: Paper Session</i></b>	WELLNES S, WELL-BEING AND QUALITY OF LIFE	
		<i>Reframing Aging in the Workforce</i>		<i>Kerry Hughes Thomas, Georgia State University</i>





THURSDAY APRIL 11				
TIME	LOCATION	TITLE	TRACK	PRESENTER (S)
<b>1:45 PM - 3:15 PM</b>		<b>CONCURRENT SESSIONS F</b>		
	LINKSIDE B	<i>Productivist welfare in the developed nations: What have been the outcomes for older workers?</i>	WELLNES S, WELL-BEING AND QUALITY OF LIFE	<i>Phillip Taylor, Federation University Australia</i>
		<i>Go South, "Old" Woman, Go South! Women's Economic Well-being and Quality of Life in International Retirement Migration to Latin America</i>		<i>Mixon Ware, Concordia University Chicago</i>
	LINKSIDE C	<b>Effective Grassroots Advocacy Workshop</b>	ADVOCACY	
		<i>Effective Grassroots Advocacy</i>		<i>Althea Taylor-Jones, NC Senior Tar Heel Legislature</i>
	LINKSIDE D	<b>Aging In Diverse Communities Paper Session</b>	DIVERSITY AND AGING	
		<i>Cultural and Social Capital in a Tribal Nursing Home</i>		<i>Anastasia Schulhoff, Appalachian State University</i>
		<i>The Intersections of Old, Rural, and Poor</i>		<i>Adrienne Cohen, Georgia Southern University</i>
		<i>Trauma and Abuse Experience and Elevated Scalp Hair Cortisol Concentrations among SE Asian refugees in the US South</i>		<i>Sudha Shreeniwas, UNC Greensboro; Vanessa Enoch, School of Education UNC Chapel Hill; Savannah Sommers, NC A&amp;T</i>
<b>3:30 PM - 5:00 PM</b>		<b>CONCURRENT SESSIONS G</b>		
	BAYSIDE G	<b>Living With Dementia Workshop</b>	LIVING WITH DEMENTIA	
		<i>Integrated Memory Care Clinic: Changing the Healthcare Model for People Living with Dementia</i>		<i>Laura Medders, Emory Healthcare</i>
	BAYSIDE H	<b>Advocacy For and By Older Adults Workshop</b>	ADVOCACY	<i>Discussant: Elizabeth Yost, Washington College</i>
		<i>The Impact of the Midterm Election on Aging Policy</i>		<i>Bob Blancato, Matz, Blancato and Associates</i>
	LINKSIDE A	<b>Communication and Collaboration In Care: Paper Session</b>	PARTNERSHIPS IN CARE	
		<i>Communicative Competence: Understanding Resident Health Change and Care Convoy Communication in Assisted Living</i>		<i>Candace Kemp, Georgia State University</i>

# Conference At a Glance

THURSDAY APRIL 11				
TIME	LOCATION	TITLE	TRACK	PRESENTER (S)
<b>3:30 PM - 5:00 PM</b>		<b>CONCURRENT SESSIONS G</b>		
		<i>Aging in Place in Assisted Living: The Role of Primary Care Providers and Care Coordinators</i>	PARTNERSHIPS IN CARE	<i>Kendra Jason, University of North Carolina at Charlotte</i>
		<i>"It's Important they Understand": Communication and Stigma about Medication-Assisted Treatment for Opioid Use Disorder among Older Adults and their Healthcare Providers</i>		<i>Alexis Bender, Emory University</i>
		<i>Understanding the Opportunities and Challenges for Direct Care Workers in Assisted Living in Supporting Resident Quality of Life</i>		<i>Christina Barmon, Central Connecticut State University</i>
	LINKSIDE B	<b>Technology In Aging Feature Session</b>	TECHNOLOGY AND AGING	<i>Discussant: Kim McRae, Have a Good Life, Culture Change Network of Georgia, and About Face Technologies</i>
		<i>Mild Cognitive Impairment Empowerment Program</i>		<i>Brad Fain, Intuitive Design Applied Research Institute</i>
	LINKSIDE C	<b>Gerontological Education Workshop Session</b>	GERONTOLOGICAL EDUCATION	
		<i>Community Partner Practicum Projects: Leadership Experiences Including Workforce Skills that Employers Desire.</i>		<i>Cheryl Osborne, California State University Sacramento</i>
		<i>Teaching Gerontology Charrette</i>		<i>Elizabeth Yost, Washington College; Julie Brown, Ohio University</i>
	LINKSIDE D	<b>Advocacy In Meaning Making: Paper Session</b>	ADVOCACY	
		<i>Advocacy as a Source of Meaning and Health in Late Life: Original Narratives from Established Advocates in Florida</i>		<i>Christopher Kelly, University of Nebraska Omaha</i>
		<i>Being an Advocate Through Qualitative Research: Visualizing Subjective and Intentional Connections across the Lifespan</i>		<i>Kyle Bower, University of Georgia</i>
		<i>Navigating Dementia: Findings from the Orange County Dementia Care &amp; Cure Initiative Focus Groups</i>		<i>Tracy Wharton, University of Central Florida</i>
<b>5:30 PM - 7:00 PM</b>	BAYSIDE H	SGS Publications Committee Meeting		
<b>5:30 PM - 7:00 PM</b>	LINKSIDE A	<b>"SECOND OPINION" DOCUMENTARY SCREENING With Featured Panelist</b>		<i>Dr. Olivio Clay, University of Alabama Birmingham</i>
<b>7:00 PM - 8:30 PM</b>	BAYSIDE E	By Invitation: Endowment Founding Funders Tapas and Wine Reception		



FRIDAY APRIL 12				
TIME	LOCATION	TITLE	TRACK	PRESENTER (S)
7:00 AM - 8:00 AM	BAYSIDE FOYER	Breakfast Buffet		
7:30 AM - 9:00 AM	BAYSIDE EF	<b>SGS MEMBER BUSINESS MEETING</b>		
8:00 AM - 6:00 PM	LINKSIDE REGISTRATION DESK	Registration and Conference Services Open		
9:00 AM - 5:00 PM	LINKSIDE BOARDROOM	Silent Auction Open (Final Day for Bids)		
9:00 AM - 5:00 PM	LINKSIDE FOYER	Exhibits Open		
		<b>Friday Mini Wellness Workshops</b>		
1:15 PM - 2:00 PM	BAYVIEW ROOM	<b>Self-Care For Caregivers: The "I Fill My Cup" Challenge</b>		Jill Johns, Jill Johns International LLC
2:00 PM - 2:45 PM	BAYVIEW ROOM	<b>Kimono Book Keepsakes</b>		Melanie Davenport, Georgia State University
9:15 AM - 10:45 AM		<b>CONCURRENT SESSIONS H</b>		
	BAYSIDE H	<b>Living With Dementia Feature Session</b>	LIVING WITH DEMENTIA	Discussant: Sharon Hall
		<b>Changing the conversation</b>		Robert Bowles, Living with Lewy body dementia; Ron Threadgill, Living with Frontotemporal dementia; Kim McRae, Have a Good Life, Culture Change Network of Georgia, and About Face Technologies
	BAYVIEW ROOM	<b>Wellness, Well-Being &amp; Quality Of Life Workshop</b>	WELLNESS, WELL-BEING AND QUALITY OF LIFE	Discussant: Becky Watson, Music for Wellness, LLC
		<b>Let's Take a Musical Journey Together &amp; Discover How a Complete Music Care Package Supports Health, Wellness and Successful Aging</b>		Gail Sonnesso, GEM Day Services, Inc.; Angelo Sonnesso, GEM Day Services, Inc.; Deb Ferris; Music & Memory®
	LINKSIDE B	<b>Technology and Aging: Workshop</b>	TECHNOLOGY AND AGING	
		<b>The Fun Theory: Transforming dementia care through engagement technology</b>		Juliet Kerlin, It's Never 2 Late
	LINKSIDE C	<b>Innovative Teaching Techniques Paper Session</b>	GERONTOLOGICAL EDUCATION	
		<b>Assessing a Communication Education Intervention on Undergraduates' Self-Efficacy and Attitudes: Communicating Chronic Diagnoses</b>		Jessica Allen, Birmingham-Southern College

## Conference At a Glance

FRIDAY APRIL 12				
TIME	LOCATION	TITLE	TRACK	PRESENTER (S)
<b>9:15 AM - 10:45 AM</b>		<b>CONCURRENT SESSIONS H</b>		
	LINKSIDE C	<i><b>Incorporating Older Adults into Classroom Aging Simulation Activities</b></i>	GERONTOLOGICAL EDUCATION	<i>Julie A. Brown, Ohio University</i>
		<i><b>Health, Happiness, and Longevity in Hong Kong: Study Abroad as a Gateway to Gerontology Education</b></i>		<i>Andrea June, Central Connecticut State University</i>
		<i><b>Give Back, Go Forward: A new model for engaging students with community-dwelling elders</b></i>		<i>Sarah Boehle, Shawnee State University; Christine Raber, Shawnee State University</i>
	LINKSIDE D	<b>Power Of Place Workshop</b>	POWER OF PLACE	
		<i><b>Long-term care organization decision making in preparation and response to Hurricanes Florence and Michael.</b></i>		<i>Sandi Lane, Appalachian State University</i>
<b>11:00 AM - 1:00 PM</b>	BAYSIDE EFGH	<b>SECOND ANNUAL AGING BETTER TOGETHER: A NETWORKING ROUNDTABLE LUNCHEON</b>		
<b>1:15 PM - 2:45 PM</b>		<b>CONCURRENT SESSIONS I</b>		
	LINKSIDE A	<b>Community Dwelling Older Adults and Health Student Paper Session</b>	WELLNESS, WELL-BEING AND QUALITY OF LIFE	
		<i><b>Self-Conceptions of the Independently Living Old-Old</b></i>		<i>Polina Ermoshkina, Case Western Reserve University</i>
		<i><b>A Survey Analysis of a Senior Center: The Differences between Late Life-Stage Subgroups</b></i>		<i>Helena Swanson, Central Connecticut State University; Hannah Rodrigues, Central Connecticut State University; Andrea June, Central Connecticut State University</i>
		<i><b>Understanding Subjective Well-being for Chinese Elders Over Time</b></i>		<i>Jing Liu, Georgia State University</i>
		<i><b>Evaluation of an Interprofessional, Evidence-based Falls Training</b></i>		<i>Kimberly Davis, Virginia Commonwealth University, School of Nursing; Sarah Marrs, Virginia Center on Aging</i>



FRIDAY APRIL 12				
TIME	LOCATION	TITLE	TRACK	PRESENTER (S)
<b>1:15 PM - 2:45 PM</b>		<b>CONCURRENT SESSIONS I</b>		
	<i>LINKSIDE B</i>	<b><i>Asset Based Community Development Workshop</i></b>	ADVOCACY	
		<b><i>Asset Based Community Developmentt</i></b>		<i>Michael Marcus, Consultants for Community Resources; John Migliaccio, Maturity Mark Services Company</i>
	<i>LINKSIDE C</i>	<b><i>Recruitment And Retention In The Long-Term Care Workforce Paper Session</i></b>	PARTNERSHIPS IN CARE	
		<b><i>Mining the Workforce Literature: Investing in the Future of Work in Healthcare and Aging Services</i></b>		<i>Sara Haviland, Education &amp; Employment Research Center, Rutgers University School of Management and Labor Relations; Jen Craft Morgan, Gerontology Institute, Georgia State University</i>
		<b><i>Partnering to Build Long Term Care Managers for Today's Workforce</i></b>		<i>Leisa Easom, Georgia Southwestern State University</i>
	<i>LINKSIDE D</i>	<b><i>The Power Of PLACE: Florida Spotlight Session</i></b>	POWER OF PLACE	<i>Discussant: Graham Rowles, University of Kentucky</i>
		<b><i>Long after the Storm: Post-Hurricane Critical Challenges</i></b>		<i>Kristen McGehee and Jennifer Holler, Covenant Care Hospice (Hurricane Michael); Matt Hudson, HOPE Healthcare (Hurricane Irma)</i>
<b>3:00 PM - 4:30 PM</b>	<i>LINKSIDE A</i>	<b>SGS COUNCIL OF PRESIDENTS FEATURE PANEL SESSION</b> <b><i>Mining the Gems with SGS Presidents: Investing in the Future</i></b>		<i>Discussant: Ishan C. Williams, University of Virginia, School of Nursing</i>
<b>4:45 PM - until last table</b>	<i>LINKSIDE BOARDROOM</i>	<b>SILENT AUCTION TABLE CLOSEOUT</b>		
<b>6:30 PM - 10:30 PM</b>	<i>BAYSIDE EFGH</i>	<b>THE SOUTHERN GERONTOLOGICAL SOCIETY'S 40TH ANNIVERSARY SEMI-FORMAL GALA</b>		

## Conference At a Glance

SATURDAY APRIL 13				
TIME	LOCATION	TITLE	TRACK	PRESENTER (S)
8:00 AM - 12:00 PM	LINKSIDE REGISTRATION DESK	Registration and Conference Services Open		
7:00 AM - 8:30 AM	BAYSIDE FOYER	Breakfast Buffet		
8:00 AM - 9:30 AM	BAYSIDE EFGH	<b>DIVERSITY BREAKFAST PANEL SESSION</b> Caregiving: Please Secure Your Own Mask Before Attempting To Assist Those Around You	DIVERSITY IN AGING	Dr. Olivio Clay, University of Alabama Birmingham
<b>Saturday Wellness Mini Workshops</b>				
9:45 AM - 10:30 AM	BAYVIEW ROOM	<b>Grandparents as our Superheroes: A Gerontological Literacy Program</b>		LaVona Traywick, University of Central Arkansas; Erica Fields, University of Arkansas Cooperative Extension Service
10:30 AM - 11:15 AM	BAYVIEW ROOM	<b>Connecting Generations through Rhythm and Play using Boomwhacker Percussion Tubes</b>		Becky Watson, Music for Wellness
9:45 AM - 11:15 AM	<b>CONCURRENT SESSIONS J</b>			
	LINKSIDE A	<b>Technology Use Session</b>	TECHNOLOGY AND AGING	
		<i>High-Tech meets High-Touch: The Telehealth Intervention Programs for Seniors (TIPS)</i>		Michael Marcus, Consultants for Community Resources; John Migliaccio, Maturity Mark Services Company
		<i>The Impact of Attitudinal Factors on Internet Use Among Older Adults</i>		Carol McDonough, University of Massachusetts Lowell
		<i>HomeLab: A Living Lab for Evaluations</i>		Sarah Farmer, Georgia Tech Research Institute
	LINKSIDE B	<b>Age Friendly Communities Best Practices Workshop</b>	ADVOCACY	
		<i>How to establish an Age Friendly Community Committee; Best Practices.</i>		Steven Studebaker, AARP NC Western Regional Lead for Age Friendly Communities; Elizabeth Tait, Western Carolina University



SATURDAY APRIL 13				
TIME	LOCATION	TITLE	TRACK	PRESENTER (S)
<b>9:45 AM - 11:15 AM</b>		<b>CONCURRENT SESSIONS J</b>		
	<i>LINKSIDE C</i>	<b><i>Aging In The Black Community Paper Session</i></b>	DIVERSITY AND AGING	
		<b><i>Using Evidenced-based Behavioral Health Programs to Reduce Chronic Disease Health Disparities in Aging African Americans: The Perspective of the Program Facilitator</i></b>		<i>Chivon Mingo, Gerontology Institute, Georgia State University</i>
		<b><i>Advance Care Planning in African American Faith Communities</i></b>		<i>Cathy Campbell, University of Virginia, School of Nursing; Ishan Williams, University of Virginia, School of Nursing</i>
		<b><i>How Do Multiple Chronic Conditions Impact Workforce Engagement of Older Workers? An Examination of Race and Gender</i></b>		<i>Kendra Jason, University of North Carolina at Charlotte; Christy Erving, Vanderbilt University</i>
		<b><i>Interventions for Healthy Aging Among Mature Black Lesbians: Recommendations Gathered through Community-based Research</i></b>		<i>MaryAnne Adams, ZAMI NOBLA: National Organization of Black Lesbians on Aging; Tonia Poteat, Center for Health Equity Research, University of North Carolina School of Medicine</i>
	<i>LINKSIDE D</i>	<b><i>Wellness, Well-Being and Quality Of Life Workshop</i></b>	WELLNESS, WELL-BEING AND QUALITY OF LIFE	
		<b><i>Findings and Recommendations from the Meck60+ Community and Health Assessment of Adults 60+ in Charlotte, North Carolina</i></b>		<i>Julian Montoro-Rodriguez, University of North Carolina Charlotte</i>
<b>12:30 PM - 1:30 PM</b>	<i>SUNSET BAY CAFÉ</i>	Board Member Luncheon (All Outgoing and Incoming Board Members are Welcome)		



# 40th Annual Conference

April 9-13, 2019  
 Sandestin Golf & Beach Resort  
 Miramar Beach, Florida



## Daily Schedule with Session Details

This program book contains listing of sessions with only the presenting authors listed. For full presentation details, including all author listings and complete abstracts, please visit [https://southerngerontologicalsociety.org/docs/2019\\_SGS-Book-of-Abstracts.pdf](https://southerngerontologicalsociety.org/docs/2019_SGS-Book-of-Abstracts.pdf)

	<b>Tuesday</b>
	<b>APRIL 9</b>

### 8:00 AM - 8:00 PM

LINKSIDE REGISTRATION DESK

Registration and Conference Services Open

### 8:00 AM - 8:00 PM

LINKSIDE REGISTRATION DESK

Silent Auction Intake

### Pre-Conference Workshops

#### 8:30 AM - 4:30 PM

TERRACE I

#### **NCCDP Training: Alzheimer's Disease & Dementia Care Seminar**

*Denise Scruggs, Beard Center on Aging*

#### 8:30 AM - 2:30 PM

TERRACE III

#### **Music & Memory® Personal Music Intensive Workshop**

*Deb Ferris, Music and Memory*

Pre-registration is required for pre-conference workshops. The NCCDP workshop is \$175, the Music and Memory Workshop is \$20 for attendance, CEUs available for an additional \$20 (one time CEU processing fee includes CEUs for

conference as well). Pre-conference ticketing is available through the SGS website or call 866-920-4660 to register.

### 1:00 PM - 2:30 PM

#### CONCURRENT SESSIONS A

BAYSIDE BALLROOM E

TRACK | DIVERSITY AND AGING

#### **Diversity Student Paper Session**

Implications of South Korean Nursing Home Policy for the US.

*Hyeon Jung Kim, University of Nebraska Omaha*

African American Aging in Forsyth County, North Carolina: Exploring Needs

*Dessiree' Waldron, Winston-Salem State University*

Disability free life expectancy among very old Mexican Americans

*Anqi Pan, University of Georgia*

The Relationship of Minority Stress and Disability among LGBT Adults 50 Years and Older: An Application of the Disablement Process

*Jeffrey Lentz, Georgia State University/ University of North Georgia*

This session will appeal those with an interest in diversity and aging. Minority aging is particularly important in the South due to persistent health disparities and inequality. Come learn from some stellar SGS students.





### **Technology Combined Workshop Session**

BAYSIDE BALLROOM F

TRACK | TECHNOLOGY AND AGING

#### **Assistive Technology: What Is It and Who Does It Benefit?**

*Danny Housley, Georgia Institute of Technology, Tools for Life*

#### **Technologies of Inclusion, Enhanced Aging, and the Role of Policy**

*Paul Baker, Georgia Institute of Technology, Center for Advanced Communications Policy*

This session provides an introduction and overview of Assistive Technology (AT), the AT Act and how AT assists individuals with and without disabilities as they age. Presenters will define assistive technology and share information about real world solutions and implementation. The discussion will center on tracking technological trends and knowledge transfer. Examples of assistive technology, software, hardware, mobile technology, and apps will be demonstrated. Issues of technological inclusion and aging and the role of policy will also be discussed.

### **Living With Dementia Workshop**

BAYSIDE BALLROOM G

TRACK | LIVING WITH DEMENTIA

#### **Identifying the Neuropsychological Symptoms of Dementia**

*Christine Cauffield, LSF Health Systems*

As the prevalence of dementia increases, it is critical that clinicians be familiar with the signs and symptoms, as well as the various types of dementia and their respective course of progression. It is important to be aware of the options for treatment, as well as the appropriate referrals available. The target audience for this session includes healthcare providers that work with the senior population, healthcare administrators, master's and doctoral level clinicians.

### **Community-Based Behavioral Interventions: Paper Session**

BAYSIDE BALLROOM H

TRACK | WELLNESS, WELL-BEING AND QUALITY OF LIFE

Enhancing the well-being of care providers and their care recipients through online self-led intervention: Challenges and preliminary results of the CARE2 ONLINE program

*Ohad Green, University of South Florida*

The preliminary results of the Effectiveness of 'Tele-Savvy' on Self-Care and Positive Caregiver Experiences in Caregivers of Persons Living with Dementia

*Fayron Epps, Georgia State University*

Establishing A Multifaceted Falls Prevention and Healthy Aging Program, in a Rural Florida County, Through Public-Private Partnerships

*Megan McCarthy, Florida Department of Health in Sumter County*

Eating and Providing in a Food Desert: Educating through Food Banks

*Suzanne Kitts, Gannon University*

This paper session describes community-based behavioral interventions and their benefits and challenges. This session will be beneficial for scientists, practitioners, and caregivers.

**2:00 PM - 4:30 PM**

BAYVIEW ROOM

SGS Board of Directors Meeting

**3:00 PM - 4:30 PM**

### **CONCURRENT SESSIONS B**

BAYSIDE BALLROOM E

### **Partnerships In Care Feature Session**

*Discussant: Candace Kemp, Georgia State University*

TRACK | PARTNERSHIPS IN CARE

## Daily Schedule with Session Details



Tuesday

APRIL 9

### Partnerships and Evidence-Driven Programs Supporting Family Caregivers

*Christine Jensen, Riverside Center for Excellence in Aging & Lifelong Health; Laura Bauer, Mattie J.T. Stepanek Foundation*

This session will be useful because it will address the benefits and challenges to partnership between agencies that are committed to serving caregivers. There will discussion about types of programs, all of which are evidence-driven, and real world experiences with translating these programs to other sites. Anyone who has or is interested in offering programs to family or professional caregivers will benefit from this session.

### **Living With Dementia Workshop**

BAYSIDE BALLROOM F

TRACK | LIVING WITH DEMENTIA

#### Dementia Inclusive Durham: A model to enhance well-being among communities of people living with dementia

*Eleanor McConnell, Duke University; Carmelita Karhoff, Dementia Inclusive Durham; Thomas Konrad, University of North Carolina at Chapel Hill*

It is becoming widely recognized that well-being is a critical life outcome and goal of interventions desired or accepted by persons living with dementia and families-- rather than exclusively medically-focused quality indicators. This panel will examine the state of the science with respect to measurement of outcomes that matter to people with dementia, and discuss innovative, community-based approaches to engaging the community in promoting well-being of those living with dementia, along with strategies to support workforce development to achieve a dementia-inclusive community. Community leaders, organizers, volunteers, educators from all professions and disciplines, quality managers, and professionals interested in community-engaged approaches

to improving the lives of people living with dementia and strengthening community capacity to respond to public health issues.

### **Caregiving and Dementia: Combined Workshop Session**

BAYSIDE BALLROOM G

TRACK | LIVING WITH DEMENTIA

#### ABC of Dementia for Family Caregivers

*Deborah Selsavage, Coping with Dementia LLC*

This session provides state-of-the-art techniques for dementia care and will be useful for anyone involved in or anticipating dementia care, whether a professional or a lay caregiver. The better understanding it provides will result in more compassionate, more effective, and less stressful care. Because 80 percent of dementia care is provided at home, the target audience is family caregivers, although professionals will also benefit since the philosophy and techniques taught and not provided in current State required training.

### **Management Of Chronic Illness: Paper Session**

BAYSIDE BALLROOM H

TRACK | WELLNESS, WELL-BEING AND QUALITY OF LIFE

#### Determinants of the influence of multiple chronic diseases on coping

*Adeleye Adaralegbe, University of North Texas; Ngozi Chima, University of North Texas*

#### Self-management for community-dwelling American Indians living with Type 2 diabetes

*Jacqueline Jones, University of Colorado College of Nursing; R. Turner Goins, Western Carolina University*

#### Factors associated with improved self-efficacy in managing diabetes

*Cheng Yin, University of North Texas*

This paper session will explore issues of chronic disease management. The target audience is policy makers, chronic disease managers, Gerontology educators, students, health educators, health care professionals and public health workers.

**5:00 PM - 6:30 PM**

LINKSIDE A &amp; B

**PRESIDENTIAL WELCOME AND KEYNOTE GUEST**

*Richard Prudom, Secretary of Florida Department of Elder Affairs*

**6:30 PM - 8:00 PM**

LINKSIDE C &amp; D

**STUDENT POSTER SESSION AND RECEPTION****1) Nursing home vulnerability attributable to proximity of food and water distributors.**

*Presenters: Whitney Self - Appalachian State University, Matthew Wilson - Appalachian State University*

**2) Connecticut's money follows the person: Exploring the effect of rural-urban living on health service utilization.**

*Presenter: Kaleigh Ligus - UCONN Health*

**3) Daily experiences with friends: Does closeness matter?**

*Presenter: Crystal Ng - The University of Texas at Austin*

**4) Effect of reminiscence therapy on the psychological health of care recipient-caregiver dyads: A meta-analysis.**

*Presenters: Michael Montague - Georgia State University, Joseph Lee - Georgia State University*

**5) Medicare annual wellness visit as an opportunity for advance care planning.**

*Presenter: Jonathan Lucas-Neel - Old Dominion University*

**6) Interventions for sleep disturbances in caregivers of persons with dementia: A review of literature.**

*Presenter: Vivian Nguyen - Emory University Nell Hodgson Woodruff School of Nursing*

**7) Living with dementia.**

*Presenters: Morghan Mincey-Dickerson - Georgia Southern University, Renad Khashoggi - Georgia Southern University, Ryehia Robbins - Georgia Southern University, TimMarie Williams - Georgia Southern University*

**8) Elder abuse: The silent struggle.**

*Presenters: Jane Mackenzie - Georgia Southern University, Elise Swanson - Georgia Southern University, Jordan Battle - Georgia Southern University, TimMarie Williams - Georgia Southern University*

**9) The effects of social isolation on senior citizens.**

*Presenters: Anna Grace Lord - Georgia Southern University, Kenya Lane - Georgia Southern University, Samantha Jordan - Georgia Southern University*

**10) Shaping one another: Grandparents vs. grandchildren.**

*Presenters: Brianna Morton - Georgia Southern University- Armstrong Campus, Zennia Gillis - Georgia State University- Armstrong Campus, Parniece Jackson - Georgia State University- Armstrong Campus*

**11) The situation of falls among elderly living in the community, Southern of Thailand: A pilot study.**

*Presenters: Uraiwan Pantong - Valencia University, Urai Jaraeprapal - School of Nursing, Walailak University*

**12) Dementia in the aging population: What are some treatments and interventions for dementia?**

*Presenters: Koryn Israel - Georgia Southern University, Sasha Stoney - Georgia Southern University, Corinna Odom - Georgia Southern University, TimMarie Williams - Georgia Southern University*

**13) Abuse within the geriatric population.**

*Presenters: Kira Breen - Georgia Southern University, Candace Heggs - Georgia Southern University- Armstrong Campus, Jessa Self - Georgia Southern University- Armstrong Campus*

**14) Creating home: Designing long term care models for individuals with dementia.**

*Presenter: Ruthann Froberg - University of Kentucky*

**15) The relation between lutein and zeaxanthin and emotional wellbeing among community-dwelling older adults.**

*Presenter: Bailey Collette - University of Georgia*

## Daily Schedule with Session Details



Tuesday

APRIL 9

### STUDENT POSTER SESSION AND RECEPTION

**16) Research question: A case study of return back to the Korean among elderly immigrants and the interest of Korean immigrants in the US.**

*Presenter: Hyo Mee Kim - Gerontology Institute, Georgia State University*

**17) Relationship satisfaction and sexual intimacy among caregivers.**

*Presenter: Kathleen Walsh - Central Connecticut State University*

**18) The sacred relationship between marriage, spirituality and healthy aging in Hinduism.**

*Presenter: Kallol Kumar Bhattacharyya - Gerontology Institute, Georgia State University*

**19) Assessing the need for dementia training in assisted living.**

*Presenter: Akshaya Parthasarathy - Gerontology Institute, Georgia State University*

**20) Civil monetary penalty enforcement actions and civil monetary reinvestment projects in nursing homes in the United States.**

*Presenters: Felicia Bender - University of Central Florida, Xiaochuan Wang - University of Central Florida*

**21) Exploring the challenges and impact on how caregivers of older adults with dementia manage medical/nursing tasks at home: An integrative review.**

*Presenter: Mijung Lee - University of Virginia, School of Nursing*

**22) Increasing cognitive screening, neuropsychological referrals, and dementia detection among older Haitian adults.**

*Presenter: Sandra Daccarett - Florida Atlantic University*

**23) The ABCs of behavior modification: Practical considerations for gerontologists and eldercare practitioners.**

*Presenter: Jamie Gilbert - Tufts University*

**24) Dance therapy: An underutilized approach to engaging aging African Americans in physical activity.**

*Presenter: Briana Keith - Georgia State University*

**25) Electrophysiological correlates and age-related changes in conflict processing.**

*Presenter: Rachel Scrivano - William & Mary*

**26) Changes in perceived spirituality in U.S. middle-aged and older adults: 1995-2005.**

*Presenter: Carlyn Vogel - University of South Florida*

**27) Using existential counseling techniques to work with older Latino Adults.**

*Presenter: Delia Regalado - Georgia State University, Gerontology Institute*

**28) Building awareness and translating the benefits of physical activity and social support for enclaves of minority caregivers.**

*Presenter: Josephine Misaro - Gerontology Institute, Georgia State University*

**29) Creating A Survey Process for Benchmarking Person-Centered Care in Nursing Homes.**

*Presenters: Asmita Karanjit - Gerontology Institute, Georgia State University, Nidhi Joshi - Gerontology Institute, Georgia State University, Adabale Olanrewaju - Gerontology Institute, Georgia State University*

**30) Music training as a neuro-cognitive protector for brain aging: Cognitive and neuropsychological profiles in professional musicians.**

*Presenters: Jillian Carr - University of Kentucky, Andie Hoskins - University of Kentucky*

**31) The power of musical exposure on Alpha EEG signals on an aging population**

*Presenters: Andie Hoskins - University of Kentucky, Jillian Carr - University of Kentucky*



	<b>Wednesday</b>
	<b>APRIL 10</b>

**7:00 AM - 7:45 AM**
*FITNESS CENTER*

Yoga

**7:30 AM - 9:00 AM**
*BAYSIDE E & F*

Continental Breakfast

**8:00 AM - 6:00 PM**
*LINKSIDE REGISTRATION DESK*

Registration and Conference Services Open

**8:00 AM - 5:00 PM**
*LINKSIDE REGISTRATION DESK*

Silent Auction Intake

**9:00 AM - 2:00 PM**
*LINKSIDE FOYER*

Exhibit Hall Setup - Exhibitors check in at Linkside Registration Desk

**9:00 AM - 10:15 AM**
*LINKSIDE A & B*
**OPENING PRESIDENTIAL KEYNOTE ADDRESS**
*SGS President, Dr. Jennifer Craft Morgan*
**Wednesday Wellness MiniWorkshops**
**10:30 AM - 11:15 AM**
*BAYVIEW ROOM*
***Diamonds in the Ruff: Maximizing the Power of Pets to Enhance Well-Being***
*Kimberly Erin Wolf, University of Georgia*
**11:15 AM -12:00 PM**
*BAYVIEW ROOM*
***Beating out Stress through Rhythm***
*Becky Watson, Music for Wellness, LLC*

According to the American Psychological Association, chronic stress is linked to the six leading causes of death: heart disease, cancer,

lung ailments, accidents, cirrhosis of the liver and suicide. And more than 75 percent of all physician office visits are for stress-related ailments and complaints. This workshop will allow the participants to feel the health benefits of drumming including stress reduction, mood improvement and a boost the immune system. Everyone can benefit from attending, no prior musical experience required to feel the health benefits of drumming.

**1:00 PM - 1:45 PM**
*BAYVIEW ROOM*
***Self-Care for Caregivers: The “I Fill My Cup” Challenge***
*Jill Johns, Jill Johns International LLC*

This session highlights the needs of caregivers to engage in self-care. In order to maintain a highly functioning healthcare system to support the needs of our aging population, we must teach self-care to caregivers. The session’s target audience is caregivers, both formal and informal as well as administrators of agencies and companies that employ caregivers.

**1:50 PM - 2:50 PM**
*BAYVIEW ROOM*
***Personalized Music: It Isn’t Just for Recreation Anymore!***
*Deb Ferris, Music and Memory®*

This session emphasizes that we must be able to provide effective tools to help individuals remain active, stimulated and age in place in a healthy manner. Personalized music is a valuable alternative to traditional medicine. It’s cost effective, easy to use, benefits almost everyone and can be used in any environment. It transcends the typical clinical aspects of care, providing wellness benefits for the whole person: mind, body and spirit. Session attendance would be advantageous for students who are interested in pursuing a career in health or elder care, care professionals, quality care advocates, researchers, educators and at-home family caregivers.

# Daily Schedule with Session Details



Wednesday

APRIL 10

10:30 AM - 12:00 PM

## CONCURRENT SESSIONS C

### **Spaces For People Living With Dementia: Paper Session**

BAYSIDE BALLROOM E

TRACK | LIVING WITH DEMENTIA

Outcomes from a Multi-Disciplinary Community Visioning Workshop Focused on Innovation in Dementia Programs and Services

*Emily Roberts, Oklahoma State University*

This paper session explores spaces for people living with dementia and the challenges and benefits of creating inclusive spaces for people living with dementia. This session is ideal for medical/memory care providers, designers, county/state-level health regulators, researchers, care partners and people living with dementia.

### **Support Groups for Alzheimer's Caregivers: Creating Our Own Space in Uncertain Times**

*Kim Stansbury, North Carolina State University*

### **What does a Dementia-Friendly Church look like in the African American Community?**

*Fayron Epps, Georgia State University*

### **Gerontological Education Feature Session**

*Discussant: Sarah Boehle, Shawnee State University*

BAYSIDE BALLROOM F

TRACK | GERONTOLOGICAL EDUCATION

### **Adapt or Perish: A Darwinian Look at Gerontological Education**

*Ed Rosenberg, Appalachian State University; Graham Rowles, University of Kentucky; Elisabeth Burgess, Gerontology Institute, Georgia State University*

This session is an opportunity for practitioners to make their education, training and skills needs known to people who develop gerontology in

education curricula, leading to a better-trained aging network workforce. The intended audience is gerontology practitioners, educators and students looking for or evaluating gerontology education/training options that address knowledge, skills and career preparation/development.

### **Wellness, Well-Being and Quality Of Life Feature Session**

*Discussant: Tiffany Washington, University of Georgia*

BAYSIDE BALLROOM G

TRACK | WELLNESS, WELL-BEING AND QUALITY OF LIFE

### **Enhancing Senior Wellness through Intergenerational Service Learning Programs in Long-Term Care Settings**

*Shelly Beaver, Old Dominion University; Kelly Munly, Penn State Altoona; Sherri McGregor, Penn State Altoona*

The model program's structure encourages socialization and friendship development within the facility and across generations resulting in a strengthened sense of community and belonging for the residents and an enhanced opinion of older adults for the students. The program also provides students with a foundational step in multi-trajectory career development, including but not limited to recreational therapy, social work, physical and occupational therapy, health care administration. This session will support participants to adapt the program structure to their own contexts, potentially benefiting older adults and professionals in-training in their home communities.

### **Death, Trauma, & Coping: Paper Session**

BAYSIDE BALLROOM H

TRACK | WELLNESS, WELL-BEING AND QUALITY OF LIFE

### **Away but Not Gone: Continuing Bonds and Deceased Loved Ones in Social Convoys**

*Sara Stemen, Miami University*

This session explores issues in the management of chronic illness over the life course. Target audience members include researchers interested in social networks and relationships



later life, social workers and other community practitioners and older adults interested in these issues..

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**Examining the Influence of Distal and Proximal Trauma Events on Loneliness in Centenarians**

*Kristopher Struckmeyer, Oklahoma State University*

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**Death and Human-made Disaster: Exploring the Structural Ritualization of Grieving in Later Life**

*Jason Ulsperger, Arkansas Tech University*

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**The Fears of Older Women**

*Yi Lin, University of Kentucky*

**Professional Development Session**

*Discussant: Debby Yoder*

LINKSIDE D

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TRACK | GERONTOLOGICAL EDUCATION

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**Death Café: An introduction and workshop**

*Lelanya Taber, Vitas Healthcare Death Café, Fort Walton Beach*

**12:00 PM - 1:00 PM**

Session Break - Lunch on Own

**12:00 PM - 2:30 PM**

LINKSIDE C

Room Open for Profession Poster Session Set up

**1:00 PM - 2:30 PM**

**CONCURRENT SESSIONS D**

**Meaningful Engagement and Dementia: Paper Session**

BAYSIDE BALLROOM G

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TRACK | LIVING WITH DEMENTIA

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**Alternative therapies in Person-centered Care for Persons with Dementia in Nursing Homes**

*Kallol Kumar Bhattacharyya, Gerontology Institute, Georgia State University*

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**Drawing from Memory**

*Melanie Davenport, Georgia State University*

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**Using Virtual Reality to Simulate the Experience of Dementia**

*Frances Bottenberg, University of North Carolina Greensboro*

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**Attitudes toward Dementia and Sexuality in Assisted Living**

*Elizabeth Burgess, Gerontology Institute, Georgia State University*

This session explores living with dementia and possible supports for meaningful engagement. The target audience for this presentation are conference participants committed to dementia education and caregiver support, as well as any professionals who serve people living with dementia in any capacity.

**Advocacy For and By Older Adults Feature Session**

*Discussant: Larry Polivka, Claude Pepper Center at Florida State University*

BAYSIDE BALLROOM H

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TRACK | ADVOCACY

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**Long-Term Care in the U.S. and Florida: Implications for the Future**

*LuMarie Polivka-West, Claude Pepper Center at Florida State University*

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**Managed Medicaid LTC in Florida from 2012 to 2019**

*Larry Polivka, Claude Pepper Center at Florida State University*

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**The Nursing Home of the Future: Why Not Green House Living for All?**

*Adam West, Claude Pepper Center at Florida State University*

This session focuses on the history, policy context and projected trends for long-term care in Florida. Attendees including researchers, practitioners and older adults interested in the combined implications of population aging and past, current and future long-term care systems and support models.

# Daily Schedule with Session Details



Wednesday

APRIL 10

## Gerontological Education Session

LINKSIDE A

TRACK | GERONTOLOGICAL EDUCATION

**Sigma Phi Omega:** Learn how to join, create a chapter, and serve in the leadership of the International Academic Honor and Professional Society in Gerontology

*Cynthia Hancock, University of North Carolina Charlotte; Pamela Pitman Brown, Albany State University; Diane Martin, McDaniel College; Amy Plant, Youngstown State University*

This session will provide SGS attendees the opportunity to learn how to become a member and create a chapter in Sigma Phi Omega - the International Academic Honor and Professional Society in Gerontology. Membership and leadership opportunities are open to students, professionals and faculty. These opportunities provide a space for recognition of academic and professional excellence and continued contribution to outstanding work with and for older adults. SPO is proud, on our 38th birthday, to partner with SGS as they celebrate their 40th! The target audience is students, professionals, and faculty. All are welcome into membership and we provide opportunities for graduating with honors, as well as elected service at the international level through our many Leadership positions.

## The Power Of Place: Florida Spotlight Session

LINKSIDE B

TRACK | POWER OF PLACE

**The Power of P.A.C.E. Programming: Florida Successes**

*Liz Parry, National PACE Association; Matt Hudson, Florida PACE Providers Association*

This session will provide an overview of the P.A.C.E. (Program for All-Inclusive Care of the Elderly) model and the lessons learned through widespread implementation in Florida.

Attendees interested in evaluating models of care, improving care for older adults or who are interested in implementing or improving P.A.C.E in their own state should attend.

## Gerontological Education Workshop Session

LINKSIDE D

TRACK | GERONTOLOGICAL EDUCATION

**Bridging the Gap in Inter-professional Communication**

*Jennifer de la Cruz, Mercer University; David Taylor, Mercer University*

1) Inter-professional collaboration and communication is crucial to supporting older adults as they navigate physical, social, emotional and financial changes in their lifetime. Professionals from multiple fields need to have the communication skills to communicate across professional lines to adequately address the needs of older adults. 2) The target audience is any professional that works with older adults. This workshop would be appropriate and useful to physicians, nurses, physician assistants, social workers, physical therapists, dietitians, chaplains and financial planners to name a few.

**3:00 PM - 4:30 PM**

LINKSIDE C

## PROFESSIONAL POSTER SESSION - SESSION B

**32) Introduction of a Didactic Geriatric Patient Encounter During Physician Assistant Training**

*Presenter: Jennifer de la Cruz - Mercer University*

**33) Effect of Exercise on the Mental and Physical Well-Being of Caregivers for Persons Living with Chronic Illnesses: A Meta-Analysis**

*Presenter: Fayron Epps - Georgia State University*

**34) Examining Pain Among Older Veterans Utilizing an Outpatient Clinic**

*Presenter: Andrea Jennings - Cleveland VA Medical Center*

**35) Age References in Social Media**

*Presenter: Jaye Atkinson - Georgia State University*





## PROFESSIONAL POSTER SESSION - SESSION B

### 36) Assessing a Relaxation Intervention for Caregivers of Adult Day Facility Clients: Physical and Psychological Well-Being Outcomes

*Presenters: Jessica Allen - Birmingham-Southern College, Daveena Patel - Birmingham-Southern College*

### 37) Diversity, Aging, and Opioids

*Presenters: Pamela Willrodt - UA Little Rock/Arkansas Economic Development Institute, Deano Traywick - UA Little Rock/Arkansas Economic Development Institute*

### 38) Delayed dementia diagnosis in a memory clinic

*Presenter: Heidi Maxwell - Salem VAMC*

### 39) Lessons Learned from a Decade of Student Projects: Life History's in a Qualitative Gerontology Course

*Presenter: Douglas Reed - University of Central Oklahoma*

### 40) Comforting Connections: Providing Enhanced Support to Persons Living with Dementia at the End of Life

*Presenter: Rachel Rogers - Gulfside Hospice and Pasco Palliative Care*

### 41) Resources and Supports for Long-Term Care Residents Location Matters

*Presenter: Sandi Lane - Appalachian State University*

### 42) Integrating a Structured Course Development and Review Process in Online Gerontology Courses

*Presenter: Louise Murray - University of North Carolina Charlotte*

### 43) Emergency Power Requirements for Long-Term Care Communities: The Impact of the Maryland Generator Law

*Presenter: Andrew Jones - Towson University*

### 44) Women, Aging, and Sex: Exploring Sexual Wellbeing

*Presenter: Kate Morrissey Stahl - University of Georgia*

### 45) CareGivers Care - Who cares for you while you are caring for your Loved One?

*Presenters: Carol Jacobs - CareGivers Care, Richelle King - CareGivers Care, Mike Barber - CareGivers Care, Vontella Ridley Bridges - CareGivers Care,*

### 46) Rural, Community-Based Memory Screening: Pilot Program Results

*Presenter: Nicole Rushing - Campbell University*

### 47) Job Satisfaction of Nursing Home Administrators

*Presenter: Cathy Abell - Western Kentucky University*

### 48) Mixed methods exploration of aging, gerotranscendence, and successful aging in older adults with chronic health conditions

*Presenters: Meredith Troutman-Jordan - UNC Charlotte School of Nursing, Stephanie Woods - UNC Charlotte School of Nursing*

### 49) Reaching for Meaningful Social Engagement with UPSLIDE

*Presenter: Ruth Nickens - Tallahassee Senior Services*

### 50) Theta Oscillation in Musicians Indicates Superior Working Memory Ability

*Presenter: Catherine Schneider - University of Kentucky Department of Gerontology*

### 51) Grandparents Raising Grandchildren: Grandparents' Confidence in Obtaining Community Resources Benefits Grandchildren

*Presenter: Tamar Shoali - Eckerd College*

### 52) Development of Advance Care Planning Discussion Protocols for Direct Care Providers of Residents with Dementia in Assisted Living

*Presenter: Debra Dobbs - University of South Florida*

### 53) House Call Primary Care: If we are to rise to meet the future, gerontology is the best medicine

*Presenter: Taylor Etchison - University of Indianapolis*

# Daily Schedule with Session Details



**Wednesday**

APRIL 10

**3:00 PM - 4:30 PM**

LINKSIDE FOYER

**EXHIBIT HALL OPENING WITH RECEPTION**

**3:00 PM - 5:00 PM**

LINKSIDE BOARDROOM

**SILENT AUCTION OPENS**

**3:30 PM - 5:00 PM**

BAYSIDE E & F

Committee Meetings: Awards, Development, Encore, Student, Bylaws, Council of Presidents, and 2020 Norfolk Program

**4:00 PM - 5:00 PM**

BAYVIEW ROOM

Sigma Phi Omega Board Meeting

**6:00 PM - 8:00 PM**

BAYTOWNE WHARF

**DINE-AROUND NETWORKING NIGHT**

Dine-Around Networking Night (meet in Linkside Foyer near registration for departure with hosts) - Sign up sheets at Conference Services Desk. Choices range from The Crazy Lobster, Roberto's Pizzeria, Rum Runners, Slick Lips, or the Village Door.

**8:00 PM to**

BAYTOWNE WHARF

**SGS STUDENT COMMITTEE HOSTS: BAYTOWNE WHARF BAR CRAWL**



**Thursday**

APRIL 11

**7:00 AM - 7:45 AM**

FITNESS CENTER

Yoga

**7:00 AM - 8:00 AM**

BAYSIDE EFGH

Breakfast Buffet

**7:45 AM - 8:45 AM**

BAYSIDE EFGH

**GERONTOLOGIST ROOTED IN THE SOUTH (GRITS) HALL OF FAME INDUCTION CEREMONY**

**7:45 AM - 8:45 AM**

LINKSIDE A

**SIGMA PHI OMEGA MEMBER BUSINESS AND AWARDS MEETING**

**8:00 AM - 6:00 PM**

LINKSIDE REGISTRATION DESK

Registration and Conference Services Open

**9:00 AM - 5:00 PM**

LINKSIDE BOARDROOM

Silent Auction Open

**9:00 AM - 5:00 PM**

LINKSIDE FOYER

Exhibits Open

**Thursday Wellness Mini Workshops**

**1:45 PM - 2:30 PM**

BAYVIEW ROOM

**Mindfulness-based Gentle Yoga to Promote Well-being with Age**

*Kate Morrissey Stahl, University of Georgia*

This session will be physically rejuvenating for participants, and will also provide practical skills they can take back to their offices and the people they serve. The gentle yoga practiced in this session is appropriate for all ages and levels of ability.



**2:30 PM - 3:15 PM**

BAYVIEW ROOM

### ***Living a Life of Purpose & Possibilities***

*Elizabeth Tait, Western Carolina University*

Learning to live consciously is useful to anyone who wants to “LIVE all the days of their life” (Swift). Or as Socrates said, “The unexamined life is not worth living.” If you don’t know where you are going, any road will take you there. This session asks the questions that tickle the brain - “what is it you plan to do with your one wild and precious life?” Any and all who want to live consciously will enjoy this session.

**3:30 PM - 4:15 PM**

BAYVIEW ROOM

### ***The Introduction of Dementia***

*Tabitha Johnson, Dementia Education & Consulting, Ltd*

This session provides an overview of the disease including an introduction to the types of Dementia and current treatment models. The target audience for this presentation is healthcare providers, care partners, and anyone who comes in contact with individuals living with Dementia.

**9:00 AM - 10:30 AM**

## CONCURRENT SESSIONS E

### ***Partnerships In Care: Paper Session***

LINKSIDE A

TRACK | PARTNERSHIPS IN CARE

#### **Identifying Caregiver Training Needs**

*Jeananne Elkins, Brenau University; Phillip Rustin, Brenau University*

#### **BEST: Developing a Caregiver Stress Screening Tool for Geriatric Caregivers**

*Jeananne Elkins, Brenau University*

#### **Determining Knowledge Gaps about Alzheimer’s Disease in Diverse Rural Populations**

*Lisa Wiese, Florida Atlantic University*

#### **Modifiable Job Characteristics, Working Caregivers, and Work Transitions by Health**

*Dawn Carr, Florida State University*

This session will outline the many issues facing paid and unpaid caregivers. Presenters in this session use multiple approaches to assessing, implementing and understanding the needs of caregivers and the impacts of caring on the people who care. This session’s target audience includes researchers, practitioners, and policy makers concerned with the paid and unpaid caregivers. It also targets caregivers, formal care partners, and community partners.

### ***Gerontological Education: Exploring Teaching Environments Session***

LINKSIDE B

TRACK | GERONTOLOGICAL EDUCATION

#### **Integrating a Structured Course Development and Review Process in Online Gerontology Courses**

*Louise Murray, University of North Carolina Charlotte*

#### **Twilight Wish Foundation-Creating a Bridge from Education to Practice through Participation in a Geriatric Focused Non-profit**

*Julie Hartmann, Gannon University*

#### **Teaching Diversity, Inclusion, and Aging to Gerontology Graduate Students Online**

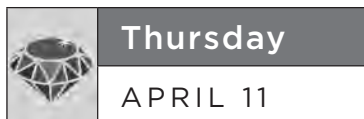
*Rebecca Adams, University of North Carolina Greensboro*

#### **Strengthening Gerontological Competencies in Long Term Care: An Educational Model**

*Beth Culross, University of Nebraska Medical Center*

This paper session explores multiple types of teaching methods and teaching environments. The target audience for this session are students, faculty and administrators involved in gerontological education.

## Daily Schedule with Session Details



### Care Relationships and Technology: Paper Session

LINKSIDE C

TRACK | TECHNOLOGY AND AGING

There Is No Care Robot for Older Adults: A Critical Perspective on Assistive Technology for Elder Care

*Moon Choi, Korea Advanced Institute of Science and Technology (KAIST)*

Anticipating the Ethical Issues and Psycho-Social Impact When Using Companion Robots to Combat Social Isolation and Loneliness in Older Adults

*Amy Royal, UNC-Charlotte*

Building Care Relationships using Technology: Behavioral Technology adoption by Older Adults and their Caregivers

*Jane Komsky, SimpleC, LLC*

Technology Designed for Elders and People Living with Dementia and Changing Cognitive Abilities: Best Practices and The Story of a Simple TV Remote Control

*Kim McRae, Have a Good Life, Culture Change Network of Georgia, and About Face Technologies*

This paper session brings together a variety of papers that explore the issues of technology and care for older adults. Presenters will explore new trends, ethical issues, potential positive impact and challenges for using technology aimed at improving the care and quality of life for older adults. This session is appropriate for anyone involved in technology and aging; people involved in helping people living with dementia; anyone involved in engaging people living with dementia in research and technology projects; anyone involved in state dementia plans or aging-well plans.

### Trends Shaping The Landscape Of Aging In The United States: Paper Session

LINKSIDE D

TRACK | WELLNESS, WELL-BEING AND QUALITY OF LIFE

Use of Prescription Medications for Insomnia among Adults Ages 45+ in the National Alzheimer's Coordinating Center Uniform Data Set

*Mairead Moloney, University of Kentucky*

Diversity, Aging, and Opioids

*Pam Willrodt, UA Little Rock/Arkansas Economic Development Institute; Deano Traywick, UA Little Rock/Arkansas Economic Development Institute*

The Extent and Nature of Elder Food Insecurity in Tennessee: A Mixed-Method Study

*Brandon Wallace, Middle Tennessee State University*

Beginning to Mine the Gems of SGS' Future: Results from the SGS Priorities Survey

*Abby Schwartz, East Carolina University, School of Social Work; Karen Appert, Appert Marketing; Graham Rowles, University of Kentucky*

This session brings together a wide range of papers on new and burgeoning topics important to the quality of life of older adults: insomnia and sleep medication, opioid use, and food insecurity. The session ends with an overview of the SGS priorities survey that seeks to shape SGS's priorities in addressing the challenges faced by older adults in maximizing quality of life.

**10:45 AM - 11:45 AM**

LINKSIDE A

**FEATURE KEYNOTE: TEEPA SNOW**  
"Living Life Under the Umbrella of Dementia"

**12:00 PM - 1:30 PM**

BAYSIDE EFGH

**LUNCHEON & SGS AWARDS CEREMONY**



1:45 PM - 3:15 PM

## CONCURRENT SESSIONS F

**Partnerships In Care Feature Session**

*Discussant: Leisa Easom, Georgia Southwestern State University*

LINKSIDE A

TRACK | PARTNERSHIPS IN CARE

**Modeling and Measuring Geriatrics Workforce Training: Creating an Interprofessional Identity**

*Ed Ansello, Virginia Commonwealth University, Virginia Center on Aging; Emma Wheeler, Virginia Commonwealth University, Department of Physical Therapy; Kimberly Davis, Virginia Commonwealth University, School of Nursing; Sarah Marrs, Virginia Commonwealth University, Virginia Center on Aging*

Understanding and caring for older adults is necessarily an interdisciplinary, interprofessional endeavor. We grow more unlike as we age, for within group variance increases as we grow older. We call this process individuation, and it is at the heart of gerontology and geriatrics. We become more complex and, in the case of health care, this complexity requires team approaches to diagnoses and interventions. This symposium demonstrates interprofessional team work, not only in the focuses brought to bear in understanding and treating the older adult but also in the very composition of the entity that is managing this interprofessional effort, namely our Plenary. Regarding the latter, this symposium will demonstrate a successful management approach for valuing and integrating various disciplines/professions democratically. Our target audience includes individuals and organizations that seek better understanding of processes of individuation and how interprofessional coordination works in practice.

**Implications For Workforce Aging: Paper Session**

LINKSIDE B

TRACK | WELLNESS, WELL-BEING AND QUALITY OF LIFE

**Reframing Aging in the Workforce**

*Kerry Hughes Thomas, Georgia State University*

**Productivist welfare in the developed nations: What have been the outcomes for older workers?**

*Phillip Taylor, Federation University Australia*

**Go South, "Old" Woman, Go South! Women's Economic Well-being and Quality of Life in International Retirement Migration to Latin America**

*Mixon Ware, Concordia University Chicago*

This session will address the very topical issue of an aging workforce, and the shift in how society and business is redefining the term "retirement". People in the U.S. are living and hence, working longer. This session is appropriate for researchers, students, as well as those with human resources/corporate culture and/or business interests relative to an aging workforce.

**Effective Grassroots Advocacy Workshop**

LINKSIDE C

TRACK | ADVOCACY

**Effective Grassroots Advocacy**

*Althea Taylor-Jones, NC Senior Tar Heel Legislature*

This session seeks to build attendees skills and techniques for effective grassroots advocacy. The target audience is "seasoned citizens" interested in self-advocacy, as well as effective grassroots advocacy!

**Aging In Diverse Communities Paper Session**

LINKSIDE D

TRACK | DIVERSITY AND AGING

**Cultural and Social Capital in a Tribal Nursing Home**

*Anastasia Schulhoff, Appalachian State University*

## Daily Schedule with Session Details



**The Intersections of Old, Rural, and Poor**  
*Adrienne Cohen, Georgia Southern University*

**Trauma and Abuse Experience and Elevated Scalp Hair Cortisol Concentrations among SE Asian refugees in the US South**  
*Sudha Shreeniwas, UNC Greensboro; Vanessa Enoch, School of Education, UNC Chapel Hill; Savannah Somers, NC A&T*

This paper session brings together papers regarding the experience of aging in diverse communities. These papers will discuss community responses to ongoing needs in social resources, health care access, economic support, and stress management among diverse underserved communities.

**3:30 PM - 5:00 PM**

### CONCURRENT SESSIONS G

#### ***Living With Dementia Workshop***

*BAYSIDE G*

TRACK | LIVING WITH DEMENTIA

**Integrated Memory Care Clinic: Changing the Healthcare Model for People Living with Dementia**

*Laura Medders, Emory Healthcare*

Our session would offer an alternative to the current model of healthcare delivery for PLWD. We would offer suggestions to make other programs more dementia friendly. Our target audience is care partners of people living with dementia and other professionals who are looking for alternative medical models to address the concerns of people living with dementia and their care partners.

#### ***Advocacy For and By Older Adults Workshop***

*BAYSIDE H*

TRACK | ADVOCACY

**The Impact of the Midterm Election on Aging Policy**

*Bob Blancato, Matz, Blancato and Associates*

This session will be useful to those in the aging field by providing an in-depth analysis of the impact of the midterm election results on aging policy and programs, and anticipated changes to come before the 2020 election. It will help those interested in advocating for older adults avenues they can pursue, as well as where they fit in these predicted changes.

#### ***Communication And Collaboration In Care: Paper Session***

*LINKSIDE A*

TRACK | PARTNERSHIPS IN CARE

**Communicative Competence: Understanding Resident Health Change and Care Convoy Communication in Assisted Living**

*Candace Kemp, Georgia State University*

**Aging in Place in Assisted Living: The Role of Primary Care Providers**

*Kendra Jason, University of North Carolina at Charlotte*

**"It's Important they Understand":**

**Communication and Stigma about Medication-Assisted Treatment for Opioid Use Disorder among Older Adults and their Healthcare Providers**

*Alexis Bender, Emory University*

**Understanding the Opportunities and Challenges for Direct Care Workers in Assisted Living in Supporting Resident Quality of Life**

*Christina Barmon, Central Connecticut State University*

This paper session brings together a variety of papers focusing on communication and collaboration to support older adults in having better quality of care and maximizing quality of life. The session will be useful to anyone who works in settings where formal and informal care partnerships are found or who does research on care and care partnerships.



### **Technology In Aging Feature Session**

*Discussant: Kim McRae, Have a Good Life, Culture Change Network of Georgia, and About Face Technologies*

LINKSIDE B

TRACK | TECHNOLOGY AND AGING

#### **Mild Cognitive Impairment Empowerment Program**

*Brad Fain, Intuitive Design Applied Research Institute*

This session will overview The Mild Cognitive Impairment (MCI) Empowerment Program that will combine research, clinical care, patient and caregiver support while empowering patients to take an active role in their health and wellness. Often a precursor to Alzheimer's disease, MCI is a distinct, early decline in memory and the ability to think. In partnership with Georgia Institute of Technology's Institute for People and Technology and the SimTigrate Design Lab in the College of Design, the MCI Empowerment Program intends to improve the everyday lives of patients and their families, and to develop more effective, evidence-based therapies. This session will be useful for researchers, health care professionals, care partners and older adults interested in new models of empowerment for people with MCI.

### **Gerontological Education Workshop Session**

LINKSIDE C

TRACK | GERONTOLOGICAL EDUCATION

**Community Partner Practicum Projects: Leadership Experiences Including Workforce Skills that Employers Desire.**

*Cheryl Osborne, California State University Sacramento*

This workshop will be useful to educators developing and modifying community partnerships and student learning experiences that support and enhance student learning outcome acquisition using theory to practice experiences. It also provides a basis for research ideas and student and program evaluation using national AGHE Gerontological Competencies.

#### **Teaching Gerontology Charrette**

*Elizabeth Yost, Washington College; Julie Brown, Ohio University*

This session offers peer review and feedback on specific items of a syllabus or class project. This allows faculty to share their own experiences in the classroom and help their colleagues with knowledge of what has or has not worked in similar situations. 2) This session is targeted at anyone who is teaching courses that have significant components of gerontology and aging who want to "work out a few kinks" in a project or just get some new ideas for engaging students.

This session pertains to those who teach gerontology and who wish to enhance their teaching skills, curriculum and syllabi development and general gerontological pedagogy.

### **Advocacy In Meaning Making: Paper Session**

LINKSIDE D

TRACK | ADVOCACY

**Advocacy as a Source of Meaning and Health in Late Life: Original Narratives from Established Advocates in Florida**

*Christopher Kelly, University of Nebraska Omaha*

**Being an Advocate Through Qualitative Research: Visualizing Subjective and Intentional Connections across the Lifespan**

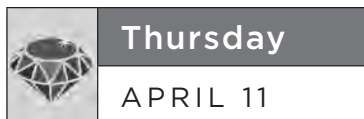
*Kyle Bower, University of Georgia*

**Navigating Dementia: Findings from the Orange County Dementia Care & Cure Initiative Focus Groups**

*Tracy Wharton, University of Central Florida*

This paper session focuses on advocacy and the meaning of this type of work. This session explores the connection between advocacy and quality of life for older adults. The target audience includes researchers who study aging, advocates and policy makers as well as older adults themselves.

## Daily Schedule with Session Details



**5:30 PM - 7:00 PM**

*BAYSIDE H*

SGS Publications Committee Meeting

**5:30 PM - 7:00 PM**

*LINKSIDE A*

**“SECOND OPINION” DOCUMENTARY  
SCREENING With Featured Panelist,  
Dr. Olivio Clay**

**7:00 PM - 8:30 PM**

*BAYSIDE E*

By Invitation: Endowment Founding Funders  
Tapas and Wine Reception



**7:00 AM - 8:00 AM**

*BAYSIDE FOYER*

Breakfast Buffet

**7:30 AM - 9:00 AM**

*BAYSIDE EF*

**SGS MEMBER BUSINESS MEETING**

**8:00 AM - 6:00 PM**

*LINKSIDE REGISTRATION DESK*

Registration and Conference Services Open

**9:00 AM - 5:00 PM**

*LINKSIDE BOARDROOM*

Silent Auction Open (Final Day for Bids)

**9:00 AM - 5:00 PM**

*LINKSIDE FOYER*

Exhibits Open

**Friday Mini Wellness Workshops**

**1:15 PM - 2:00 PM**

*BAYVIEW ROOM*

***Self-Care for Caregivers: The “I Fill My Cup” Challenge***

*Jill Johns, Jill Johns International LLC*

This session supports all attendees to learn self-care strategies. The session’s target audience is caregivers, both formal and informal as well as administrators of agencies and companies that employ caregivers.

**2:00 PM - 2:45 PM**

*BAYVIEW ROOM*

***Kimono Book Keepsakes***

*Melanie Davenport, Georgia State University*

Making something beautiful with one’s own hands is innately satisfying and a well-researched method for processing emotions and new learning. As a wellness session, this hands-on workshop will appeal to those who enjoy creating aesthetically pleasing and functional items.





9:15 AM - 10:45 AM

## CONCURRENT SESSIONS H

**Living With Dementia Feature Session***Discussant: Sharon Hall*

BAYSIDE H

## TRACK | LIVING WITH DEMENTIA

**Changing The Conversation About Dementia, Including Alzheimer's Disease**

*Robert Bowles, Living with Lewy body dementia; Ron Threadgill, Living with Frontotemporal dementia; Kim McRae, Have a Good Life and Culture Change Network of Georgia*

Most Americans do not understand dementia; however, almost everyone's life has been touched by it. Until there is a cure, we must come together as a community of caring to change the conversation and focus on how to improve the experience of the dementia journey and increase well-being and quality of life for the people who are living with dementia NOW, as well as for those that care about and for them. This session welcomes all attendees but could be particularly useful for health care and long-term care professionals, care partners, and people living with dementia.

**Wellness, Well-Being & Quality Of Life Workshop**

*Discussant: Becky Watson, Music for Wellness, LLC*

BAYVIEW ROOM

## TRACK | WELLNESS, WELL-BEING AND QUALITY OF LIFE

**Let's Take a Musical Journey Together & Discover How a Complete Music Care Package Supports Health, Wellness and Successful Aging**

*Gail Sonnesso, GEM Day Services, Inc.; Angelo Sonnesso, GEM Day Services, Inc.; Deb Ferris; Music & Memory®*

This wellness workshop will discuss the research supported, non-pharmaceutical solutions of using music for increased socialization, enhanced cognition, and improved outcomes for older adults and individuals with cognitive,

mental, intellectual or physical challenges. During this engaging wellness workshop, experience and learn how the brain responds to music, and feel the health and wellness benefits. All attendees are encouraged to attend and understand the benefits of music.

**Technology and Aging: Workshop**

LINKSIDE B

## TRACK | TECHNOLOGY AND AGING

**The Fun Theory: Transforming dementia care through engagement technology**

*Juliet Kerlin, It's Never 2 Late*

This session will describe the effective implementation of person-centered engagement technology programs as a non-pharmacological intervention, as well as funding opportunities that support engagement technology programs to improve quality of life measures for residents. The target audience includes administrators, as well as life enrichment, nursing, rehab and social services professionals who are looking for new ways to connect with residents and provide a better quality of care to help those they serve reach a optimal quality of life.

**Innovative Teaching Techniques Paper Session**

LINKSIDE C

## TRACK | GERONTOLOGICAL EDUCATION

**Assessing a Communication Education Intervention on Undergraduates' Self-Efficacy and Attitudes: Communicating Chronic Diagnoses**

*Jessica Allen, Birmingham-Southern College*

**Incorporating Older Adults into Classroom Aging Simulation Activities**

*Julie A. Brown, Ohio University*

**Health, Happiness, and Longevity in Hong Kong: Study Abroad as a Gateway to Gerontology Education**

*Andrea June, Central Connecticut State University*

## Daily Schedule with Session Details



**Give Back, Go Forward: A new model for engaging students with community-dwelling elders**

*Sarah Boehle, Shawnee State University; Christine Raber, Shawnee State University*

This session describes and evaluates several innovative teaching approaches to help gerontological educators bring their teaching to life and engage their students in real-world, practical and life broadening ways. This session can be useful to not only educators in academia, but health care providers and policy makers.

### **Power Of Place Workshop**

LINKSIDE D

TRACK | POWER OF PLACE

Long-term care organization decision making in preparation and response to Hurricanes Florence and Michael.

*Sandi Lane, Appalachian State University*

We will share the decision processes long-term care leaders used for the deployment of human and capital resources and support systems prior to, during and after Hurricanes Florence and Michael. Target audience: families who have loved ones in long-term care facilities, administrators, social workers, nurses, and other long-term care staff.

**11:00 AM - 1:00 PM**

BAYSIDE EFGH

### **SECOND ANNUAL AGING BETTER TOGETHER: A NETWORKING ROUNDTABLE LUNCHEON**

*Rose Marie Fagan and Kim McRae*

Please join us for an enriching networking opportunity that brings together older adults, researchers, students and practitioners for a collaborative conversation.

The Culture Change Network of Georgia will lead the luncheon where we will welcome older adults from the community, local assisted living

communities and nursing homes to join us. Table discussions will focus on the issues of ageism, ableism and stigma in our work and in our communities. Attendees will participate in table discussions and input will be discussed and organized into priority topics for future SGS meetings and initiatives.

**1:15 PM - 2:45 PM**

### **CONCURRENT SESSIONS I**

#### **Community Dwelling Older Adults and Health Student Paper Session**

LINKSIDE A

TRACK | WELLNESS, WELL-BEING AND QUALITY OF LIFE

**Self-Conceptions of the Independently Living Old-Old**

*Polina Ermoshkina, Case Western Reserve University*

**A Survey Analysis of a Senior Center: The Differences between Late Life-Stage Subgroups**

*Helena Swanson, Central Connecticut State University; Hannah Rodrigues, Central Connecticut State University; Andrea June, Central Connecticut State University*

**Understanding Subjective Well-being for Chinese Elders Over Time**

*Jing Liu, Georgia State University*

**Evaluation of an Interprofessional, Evidence-based Falls Training**

*Kimberly Davis, Virginia Commonwealth University, School of Nursing; Sarah Marrs, Virginia Center on Aging*

This paper session brings together diverse papers that seek to understand well-being and health for a diverse group of older adults. This session will be useful for researchers, aging professionals, community-based interventionists and advocates.



## **Asset Based Community Development Workshop**

LINKSIDE B

TRACK | ADVOCACY

### **Asset Based Community Development**

*Michael Marcus, Consultants for Community Resources; John Migliaccio, Maturity Mark Services Company*

This session describes and reviews the ABCD approach - an asset based approach, everyone is an asset to their community. The session's target audience is anyone who cares to have a positive impact on their community and their organization.

## **Recruitment And Retention In The Long-Term Care Workforce Paper Session**

LINKSIDE C

TRACK | PARTNERSHIPS IN CARE

### **Mining the Workforce Literature: Investing in the Future of Work in Healthcare and Aging Services**

*Sara Haviland, Education & Employment Research Center, Rutgers University School of Management and Labor Relations; Jen Craft Morgan, Gerontology Institute, Georgia State University*

This workshop-style session is geared toward employers, educators, and workforce developers across health and aging services. We will translate the literature to practice, offering insights from recent studies and our own work on how to improve career trajectories for caregivers and attract talent to fill gaps.

### **Partnering to Build Long Term Care Managers for Today's Workforce**

*Leisa Easom, Georgia Southwestern State University*

Learning what employers share about the skill set needed for of future employees would generate interest in this session. This session would be of interest to attendees who work in aging agencies, nursing educators, health care agency leaders, and individuals interested in healthcare beyond nursing.

## **The Power of PLACE: Florida Spotlight Session**

*Discussant: Graham Rowles, University of Kentucky*

LINKSIDE D

TRACK | POWER OF PLACE

### **Long after the Storm: Post-Hurricane Critical Challenges**

*Kristen McGehee and Jennifer Holler, Covenant Care Hospice (Hurricane Michael); Matt Hudson, HOPE Healthcare (Hurricane Irma)*

This session catalogs the experiences and lessons learned from long-term care leaders in preparing for, living through and recovering from hurricanes. Come hear the perspective of several seasoned long term care provider organizations (e.g. hospice, nursing homes) and their lessons learned about the long-term impact on communities and their capacity to deliver long-term care services. This session is open to all but might be particularly useful for health care providers, aging services professionals, advocates and policy makers.

**3:00 PM - 4:30 PM**

LINKSIDE A

## **SGS COUNCIL OF PRESIDENTS FEATURE PANEL SESSION**

*Discussant: Ishan C. Williams*

### **Mining the Gems with SGS Presidents: Investing in the Future**

This session will build on the SGS 2017 and 2018 Closing Sessions, particularly as it relates to the value of applied gerontology. This session, in honor of our 40th Anniversary, will feature SGS Presidents representing our four decades. These esteemed Past Presidents will reflect on their experiences, challenges and successes in both the early days of SGS and throughout our organization's existence. These leaders will also offer their thoughts on what areas of focus we should invest in to guide us for the next 40 years. This session will be moderated by SGS President-Elect Ishan Williams, PhD.

## Daily Schedule with Session Details



### 4:45 PM - until last table

LINKSIDE BOARDROOM

#### SILENT AUCTION TABLE CLOSEOUT

All tables closed by 5pm

cash, credit and checks accepted, shipping can be arranged through registration desk

### 6:30 PM - 10:30 PM

BAYSIDE EFGH

#### THE SOUTHERN GERONTOLOGICAL SOCIETY'S 40TH ANNIVERSARY SEMI-FORMAL GALA

Dinner, Dessert, Dancing and Celebration. Dress is Semi-Formal/Cocktail, Theme is Ruby and guests are encouraged to wear red.



### 8:00 AM - 12:00 PM

LINKSIDE REGISTRATION DESK

Registration and Conference Services Open

### 7:00 AM - 8:30 AM

BAYSIDE FOYER

Breakfast Buffet

### 8:00 AM - 9:30 AM

BAYSIDE EFGH

#### DIVERSITY BREAKFAST PANEL SESSION

CAREGIVING: PLEASE SECURE YOUR OWN MASK BEFORE ATTEMPTING TO ASSIST THOSE AROUND YOU

TRACK | DIVERSITY IN AGING

*Dr. Olivio Clay, University of Alabama Birmingham*

#### Saturday Wellness Mini Workshops

### 9:45 AM - 10:30 AM

BAYVIEW ROOM

#### ***Grandparents as our Superheroes: A Gerontological Literacy Program***

*LaVona Traywick, University of Central Arkansas; Erica Fields, University of Arkansas Cooperative Extension Service*

This session is meant for the inter-generational program day. It's target audience are the youth and the grandparents in attendance as well as others who are interested in learning how to conduct intergenerational activities.

### 10:30 AM - 11:15 AM

BAYVIEW ROOM

#### ***Connecting Generations through Rhythm and Play using Boomwhacker Percussion Tubes***

*Becky Watson, Music for Wellness*

Anyone (children, adults and older adults) who like to feel energized and invigorated in a fun stimulating activity. No prior musical experience



is required. 2. Who is your session's target audience? Everyone can participate and benefit, no prior musical experience required to feel stimulated and the benefits of rhythm.

**9:45 AM - 11:15 AM**

### CONCURRENT SESSIONS J

#### **Technology Use Session**

LINKSIDE A

TRACK | TECHNOLOGY AND AGING

##### **High-Tech meets High-Touch: The Telehealth Intervention Programs for Seniors (TIPS)**

*Michael Marcus, Consultants for Community Resources; John Migliaccio, Maturity Mark Services Company*

The TIPS program provides a unique, innovative, low-cost, flexible model for scalable technology-based community health approaches. Those interested in and/or providing telehealth on a community basis should attend.

##### **The Impact of Attitudinal Factors on Internet Use Among Older Adults**

*Carol McDonough, University of Massachusetts Lowell*

This session will discuss how optimism, perceived need for the internet, perceived ageism and other attitudes affect internet use among older adults. My session would be helpful for those who wish to introduce internet use to older adults for social, health, or other reasons. academics and health care providers and senior center activities directors

##### **HomeLab: A Living Lab for Evaluations**

*Sarah Farmer, Georgia Tech Research Institute*

This session will help attendees understand why considering the user, the context, and the environment in which products and services are evaluated are important. The target audience is anyone who is interested in learning about how successful evaluations of technologies that can support aging in place.

#### **Age Friendly Communities Best Practices Workshop**

LINKSIDE B

TRACK | ADVOCACY

##### **How to establish an Age Friendly Community Committee; Best Practices.**

*Steven Studebaker, AARP NC Western Regional Lead for Age Friendly Communities; Elizabeth Tait, Western Carolina University*

There are currently 18 Age Friendly Community committees in Florida. Age Friendly and Livable Communities are developed specifically to enhance and support Aging in Place. This session will bring together experts to discuss the implementation of this program.

#### **Aging In The Black Community Paper Session**

LINKSIDE C

TRACK | DIVERSITY AND AGING

##### **Using Evidenced-based Behavioral Health Programs to Reduce Chronic Disease Health Disparities in Aging African Americans: The Perspective of the Program Facilitator**

*Chivon Mingo, Gerontology Institute, Georgia State University*

##### **Advance Care Planning in African American Faith Communities**

*Cathy Campbell, University of Virginia, School of Nursing; Ishan Williams, University of Virginia, School of Nursing*

##### **How Do Multiple Chronic Conditions Impact Workforce Engagement of Older Workers? An Examination of Race and Gender**

*Kendra Jason, University of North Carolina at Charlotte; Christy Erving, Vanderbilt University*

##### **Interventions for Healthy Aging Among Mature Black Lesbians: Recommendations Gathered through Community-based Research**

*MaryAnne Adams, ZAMI NOBLA: National Organization of Black Lesbians on Aging; Tonia Poteat, Center for Health Equity Research, University of North Carolina School of Medicine*

# Daily Schedule with Session Details



This paper session brings together experts in the area of aging in the Black community. Target audience includes policy makers, practitioners, and researchers interested in working with Black community to implement interventions or do research.

## ***Wellness, Well-Being and Quality Of Life Workshop***

*LINKSIDE D*

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TRACK | WELLNESS, WELL-BEING AND QUALITY OF LIFE

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Findings and Recommendations from the Meck60+ Community and Health Assessment of Adults 60+ in Charlotte, North Carolina

*Julian Montoro-Rodriguez, University of North Carolina Charlotte*

The session will be useful to community planners and advocates to better understand the needs of older adults and their families. The target audience includes professionals, service providers and community leaders.

**12:30 PM - 1:30 PM**

*SUNSET BAY CAFÉ*

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**BOARD MEMBER LUNCHEON  
(All Outgoing And Incoming Board  
Members Are Welcome)**

## Conference Exhibitors

Appalachian State University, Health Administration and Gerontology

Biophytis Inc

Culture Change Network of Georgia

Florida PACE Providers Association

Georgia State University, Gerontology Institute

Great Plains IDEA Program

Music and Memory

National Association for Professional Gerontologists (NAP-G)

Phillips Lifeline

Positive Approach

Riverside Health Systems

Ruby Endowment - Southern Gerontological Society

Sage Publications

Sigma Phi Omega (SPO)

Tools for Life

UMBC, Erickson's School of Aging

University of South Florida, School of Aging Studies

Welcome to Norfolk

## EXHIBIT HALL PASSPORT CONTEST

SGS thanks each of our exhibitors for participating in this year's annual conference. Because of their support, we have been able to provide exceptional support for our attendees. Please help to show your support by visiting each booth and playing the exhibitor game!

### ATTENDEES: Here's how the game is played!

- Your passport card is in your program which is in your attendee bags. They are printed on BRIGHT GREEN paper.
- Attendees will need to visit **at least 16 of the 18 exhibitors** listed and get their passports "stamped" at every booth on their Passport Game card. Be sure that the representative places a sticker below their own company name. Don't stop at just 16! There is a special drawing for those who get all 18 stamps.
- Once all stamps have been received (from each exhibitor), passports can be deposited into a drop-box located at the Conference Registration Desk before the Friday, April 12th luncheon (by 11:30am).
- **The Passport Game will start on Wednesday, April 10th at 3:00pm (during the first exhibitor break session) and end on Friday, April 12th at 11:30am.**
- Completed cards must be turned in to conference staff who will be collecting the passport cards before the 11:30am Luncheon in order to be eligible for the door prize drawing. Cards completed prior to the luncheon may be turned into the Conference Registration Desk. The Winner will be announced at the Friday, April 12th, "Aging Better Together" roundtable luncheon. **Winners MUST be present at the luncheon to win!**
- Please do not lose your game cards. But if you do, we have more at the guest services booth.
- Only attendees registered to attend the Conference are eligible to participate and to win.

# Thank you to our 2019 Conference Sponsors

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