

SOUTHERN GERONTOLOGIST

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PRESIDENT'S MESSAGE

One of my favorite summer pleasures is sitting on the porch at night watching fireflies and reflecting. Recently I've read that the firefly population is declining as a result of increased night lighting, so at our home we no longer use the solar garden lights and other exterior lights hoping to encourage firefly population growth. Fireflies are a simple example of the need to consider the direct and indirect effects professional relationships have on the Southern Gerontological Society, its resurgence and the potential for growth.

SGS has a 32-year history of bringing together professionals, educators, service and health professionals and policy makers who are concerned with issues of the South. Other societies have come, gone or been absorbed while SGS remains. Recent economic downturns have found members rallying to support SGS. The highly attended 2010 Richmond meeting was a demonstration of members' increasing commitment to keep SGS a vital, critical, and significant organization. What drives SGS members' commitment? One factor may be the historical context of the South together with its diverse population and the unique issues faced by the older adult population. Or that you're a stranger at SGS only once. Perhaps it is the lifetime commitment by those who built SGS. Or that at SGS practitioners, professionals and educators come together sharing research and ideas. Each of these factors contributes to SGS's strength, directly or indirectly. I believe SGS remains because members understand SGS is irreplaceable and unless nourished will become absorbed by larger organizations, thereby losing our ability to focus on issues critical to Southern older adults. As SGS president, my commitment is to build on the recent SGS successes of annual meetings, the Journal of Applied Gerontology and our members.

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The 32nd Annual Meeting's 2011 theme *The New Aging Enterprise* invites a new point of view of applied research engaging in new partnerships with the private sector. Building on the SGS tradition of academia partnering with providers in the aging network, the addition of private enterprise has the potential to generate innovative and effective solutions for the older adult market and encourage positive economic growth. Successful partnership models incorporate knowledge and resources that respect older adults' preferences and resources while seeking solutions for today's and tomorrow's older adult. The 2011 Call for Presentations is available at http://www.southerngerontologicalsociety.org/sgs/annualmeeting/call.asp. The deadline for submissions is October 1, 2010. We look forward to your submissions and seeing you in Raleigh, North Carolina in the City of the Oaks in April 2011.

Wishing you a lovely summer, Jan Wassel

OUT-GOING PRESIDENT'S CLOSING THOUGHTS

As my term as SGS President comes to a close, related activities over the past year seem somewhat distant. I am in the public library (one of three places in town with wireless access) in my home town in Northern Minnesota. I talked about this place during my opening session comments at the SGS annual meeting in Richmond. During that address, I tied issues of engaged scholarship to rural aging and the pragmatism inherent in growing up and living in a small isolated town. Each summer I am here, that sense of accomplishment through shared effort is reinforced. For example, a few days ago, my wife and I pulled an old chicken coup/wood shed behind our house to the ground with our pickup truck using two "come-alongs" (cabled ratcheted winches) borrowed from my 85 year-old uncle and chains and help from our 67 year-old neighbor. Now that it's on the ground, I can cut the old building into manageable pieces and haul it away.

My general impression is that, with a one-year term of office, the SGS President focuses most of her/his attention on preparation for the annual meeting. While the annual meeting is important, there is little time to pursue or encourage initiatives parallel to the mission, sustainability, and long-term organizational health of SGS. I believe it is important to continue to think about the role of SGS in engaged scholarship, joint activities with SE4A* that can enhance both organizations, and a regional graduate training program in applied gerontological research/engaged scholarship. Whether these initiatives will remain on the SGS radar screen and bear fruit, however, is uncertain. From an organizational perspective, I am inclined to think a two-year Presidential term may be a pertinent topic for Executive Board and membership discussion.

I hope all of you enjoyed the annual meeting in Richmond as much as I did. The Jefferson Hotel exceeded our expectations as an annual meeting site. I heard few if any complaints and enjoyed watching others take in the grandeur of that facility. Notwithstanding the reluctance of people to share their disappointments with me, I was also pleased with the content of the sessions and presentations, particularly the presentations and support from students in attendance. We can certainly celebrate their accomplishments and enthusiasm.

I am certain that Jan Wassel will do a fine job as SGS President and continue the tradition of SGS as THE premier applied gerontological organization in the country and the only surviving regional organization of its type. I thank all of you for your support during the past year, including your attendance and participation at the annual meeting. The level of enthusiasm was very gratifying, given current economic challenges.

I wish you well in your careers.

Sincerely, Jim Mitchell, Out-Going SGS President

*Editor's note: Information about SE4A conference to be held September 26-29 is given on page 16.

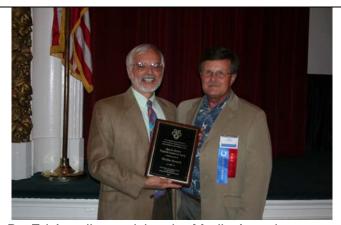
SGS 2010 Conference Highlights



Dr. Ruth Garrett receiving the Applied Gerontologist Award with Dr. Jim Mitchell



Orange County, NC Department on Aging Representatives receiving the Best Practices Award with Dr. Jim Mitchell



Dr. Ed Ansello receiving the Media Award on behalf of "Age in Action" with Dr. Jim Mitchell



Dr. Dana Bradley receiving the Gordon Streib Academic Gerontologist Award with Dr. Jim Mitchell

SGS 2010 Awards

SGS 2010 Student Paper Awards

- 1st place award (\$250): Summer McWilliams, a student at Florida State University. Her advisor is Dr. Anne Barrett. The title of her paper: Online Dating in Middle and Later Life: Gendered Expectations and Experiences.
- **2nd place award (\$150):** Andrea M. Shamaskin, a student at Virginia Commonwealth University. Her advisor is Dr. Joseph Mikels. The title of her paper: Getting the Message Across: Age Differences in the Positive and Negative Framing of Healthcare Messages.
- **3rd place award (\$100):** Karel Joyce D. Kalaw, a student at the University of North Carolina at Charlotte. The title of her paper: Growing Old In America: The Case Of Middle-Age Filipino Immigrant Women. Her advisor is Dr. Dena Shenk.

SGS 2010 Student Poster Award

New in 2010, this award is presented to the student whose poster and presentation shows excellence in appeal, content, and presentation style.

Andrea M. Shamaskin, Virginia Commonwealth University, Getting the Message Across: Age Differences in the Positive and Negative Framing of Healthcare Messages.

The Virginia Association on Aging Student Research Scholarship Award Amber Wells, University of North Carolina, Advisor: Dr. Victor Marshall.

The SGS Best Practices Award

To recognize programs that demonstrate an innovative and creative linkage with the aging services network, show evidence of sustained effort and sustained impact on improving the quality of life of older adults, and have the potential to influence aging services in the SGS region.

2010 Award Recipient: Orange County (N.C.) Department on Aging

This year's award goes to an organization that has a long history of fostering community partnerships and creative programming through an interdisciplinary team of professionals both in the academic and community settings. Its focus has always been on research, practice and service that champions person-centered, holistic care of older adults. Their best practice programs include a Functionality Screen and Movement Clinic; the Wellness Screening Clinic: Mood, Memory & Mobility; and their Preventative Home Visit Program.

The Rhoda Jennings Distinguished Older Advocate Award

The Distinguished Older Advocate Award was recently named for Rhoda Jennings, longtime SGS member and extraordinary advocate for older adults. Rhoda was the first recipient of the Older Advocate Award in 1987.

2010 Recipient: Dr. Betty H. Wiser

This award was presented posthumously and was accepted by Dr. Wiser's daughter, Carla Lounsbury. As summarized in her obituary: A former representative in the North Carolina General Assembly, Senior Advocate Dr. Betty Wiser also served as director of the Wake County Council on Aging, developed the Retired Senior Volunteer Program, and served as head of the Older Adult Health Branch in the NC Health Department. At the time of her death, Betty was serving as co-chair of the Osteoporosis Prevention Task Force of NC, and Senator in the Silver Haired Congress.

The Applied Gerontologist Award

Given to an SGS member who has a sustained record of leadership in the field of aging including innovative programs that link research and practice, all of which have clear impact on the quality of life of older persons.

2010 Recipient: Dr. Ruth G. Garrett

This year's award goes to an individual who, after gaining an international reputation for her presentations and achievements at the University of Munich, successfully developed innovative older adult programs for the Santa Clara County Board of Education in Palo Alto, CA. She then developed these programs in Savannah, GA, where she successfully expanded the programs for Southern elders. In GA, she also developed the largest Senior Net computer training site in the world. It is estimated that she has trained over 16,000 health professionals, and her training sessions have been open to the general public. She has also published over 400 articles for the Savannah Morning News.

The Gordon Streib Academic Gerontologist Award

This award is presented to an individual educator or researcher, affiliated with an academic institution, whose work has contributed to the quality of life of older people. Awardees demonstrate significant contributions in all of the following: involvement in educating or training students, educators and/or service providers; publications; and leadership in professional organizations and organizations which serve older people.

2010 Recipient: Dr. Dana Burr Bradley

This year's award goes to an individual who has over 40 publications, about 20 grants and contracts, 4 full pages of professional presentations, and over 50 workshops and speeches. She is honored as a Coleman Fellow, Coleman Foundation, and she has received the Distinguished Teacher Honor from AGHE, and is a fellow of both GSA and AGHE. Her work has been and continues to be a successful blend of gerontology and public policy. Our awardee received her PhD from Carnegie-Mellon University in 1994, and is now the Clifford Todd Distinguished Professor of Gerontology at Western Kentucky University where she is Director of the Center on Aging and coordinator of both the minor in gerontology and the graduate certificate in Aging.

2010 Media Award

This award honors a contribution, in any medium, that furthers understanding of aging in the region and contributes to the mission of SGS.

2010 Recipient: "Age in Action" Virginia Center on Aging and The Virginia Department for the Aging

This year's award goes to a media contribution in print. For 25 years, this year's Media Award winner has been a vehicle for practical aging-related education and information. A quarterly informative newsletter, each issue features an original case study on programs and important issues in the field of aging and to older adults. This publication is dedicated to bringing current information about aging to those who teach, practice, and conduct research, and to older adults and their families. As one reference stated, "I have worked in the field of gerontology for 36 years in numerous states and have not seen a statewide publication with the reach and depth of *Age in Action*."

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Movers and Shakers

Thank you to the many people who contributed their time and resources to the 2010 Annual Meeting in Richmond, including:

- Our Program Committee led by Dena Shenk, Cynthia Riffe Hancock and Louise Murray (Student Rep), and assisted by Denise Borderman, Karel Joyce D. Kalaw, Jeannette Leardi, Julie McLaughlin, Jyoti K. Nunna, and Shannon Zurell;
- Ed Ansello, leading the Site Selection and Local Arrangements efforts, including securing and working with the fabulous Jefferson Hotel, plus advertising/promotion and arranging allocation of stipends from the Virginia Center on Aging for Area Agency on Aging staff to attend
- The Jefferson Hotel and its staff extraordinaire, including Leta McVeety, Director of Convention Services and Ryan Schilling, Director of Sales. SGS members described the staff as "understanding," "accommodating," and "ever-watchful to ensure that our needs were met during the meeting."
- Bert Waters, Julie Link, and Jessica Hellerstein for assistance with AVs
- Silent Auction organizer Joy Whittington and her volunteers
- James Peacock for sale of art glass with a portion of the proceeds donated to SGS
- Session moderators, registration volunteers, and Dine-Around hosts

And a hearty thank you as well to our Sponsors, Exhibitors and Advertisers as listed below:

- Sponsors: Jim and Pat Mitchell; Lilly USA, LLC; Sage Publications; VCU Department of Gerontology; Virginia Center on Aging.
- Exhibitors: ADT Home Health Security Services; Centra Health; Designs Just Beyond, LLC; Gerontological Society of America; National Committee to Preserve Social Security & Medicare; North Carolina State University; Sage Publications; Sheltering Arms Rehabilitation Centers; UNC Charlotte Gerontology Program; UNC Greensboro Gerontology Program, UNC Wilmington; VCU Department of Gerontology; Virginia Association of Area Agencies on Aging; Virginia Center on Aging; Virginia Guardianship Association/Virginia Elder Rights Coalition.
- Advertisers: Alcohol and Aging Awareness Group; Beard Center on Aging at Lynchburg College; Law Office of Brenda L. Barnes; Sage Publications; Senior Connections; Southern Gerontological Society; Spring Arbor of Salisbury; University of Arkansas; UNC Charlotte Gerontology Program; UNC Greensboro Gerontology Program; UNC Institute on Aging; VCU Department of Gerontology; West Central Florida Area Agency on Aging.

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Jessica M. Hellerstein VCU-Virginia Center on Aging Richmond, VA

Editoral: Review of The Way We Get By

Review: The Way We Get By (2009)

Documentary Movie, 84 minutes

Director: Aron Gaudet; Producer: Gita Pullapilly

Reviewed by Luci Bearon, NC State University

As gerontologists, we often speak about the heterogeneity of older adults. To challenge negative stereotypes, I observe and try to remember people who exemplify some of the opposite traits, e.g., healthy, active, happy, quick-thinking, resilient, engaged older people. Yet I hear from students and even older adults themselves that some examples I cite, especially famous people, celebrities, elite athletes featured in the media, are too extraordinary to serve as realistic role models for most of us.

The documentary *The Way We Get By* provides one antidote to this dilemma by introducing us to three adults in their late 70s and 80s, all of modest means, limiting health conditions and widowed, who find purpose in life in providing small acts of kindness. All are volunteers with the Maine Troop Greeters at the airport in Bangor, Maine. The Greeters are a group of people committed to shaking the hands of the troops being deployed or returning from duty, on short notice, in any weather, day or night.

The movie follows William Knight, Jerry Mundy and Joan Gaudet through the routines, losses, and highlights of their daily lives, all punctuated by their various activities as greeters, calling other greeters in the middle of the night to alert them of changing flight schedules, buying food treats for the troops, handing out cell phones so soldiers can call loved ones, making small talk with returnees about state-side plans, and even sharing moments of grief listening to soldiers talk about "battle buddies" who did not return.

Beyond capturing delicate and humorous intergenerational exchanges, the director was able to elicit wonderfully intimate reflections on life from each of the three elders. Topics included attitudes toward the wars in Iraq and Afghanistan, living alone and loneliness, the joys and addictive quality of volunteering, living with pain, advancing illness, losing a spouse/pet/farm, financial insecurity, and—poignantly--what life would be like if the wars ended, the troops came home for good and the greeters were no longer needed. Any gerontologist will find many familiar themes with unique twists, all addressed thoughtfully. The eloquent quotes and sound bytes would make superb triggers for the class discussion. This isn't an easy or necessarily joyous movie – the elders need hugs as much as the troops do - but it is a powerful story of the important role elders can play in their community and in the lives of others. It is also a story about how resilience, fortitude, commitment and meaningful engagement can help elders through some of the greater challenges of later life.

The Way We Get By is the winner of numerous film awards and was selected for simultaneous showing on all PBS stations on Veterans Day 2009. More information on the movie can be found at www.thewaywegetbymovie.com. Updates and additional discussion are on The Way We Get By page on Facebook.

The Prospects for Applied Gerontology as Community Engagement

During the opening session of the SGS 2010 annual meeting in Richmond, I suggested that the scholarship of engagement movement across university and college campuses is consistent with our organizational mission. This notion underscored my selection of the annual meeting theme. SGS is the parent organization of the Journal of Applied Gerontology and the Executive Board fosters representation of both the service sector and the academic communities in the SGS leadership structure and in topics featured in annual meeting programs. Although partnership between the provider and academic communities is encouraged at an organizational level, to what extent is such partnership implemented? My impression is that we are falling short of the kind of equal partnership spelled out in the scholarship of engagement literature.

As I suggested in the opening session address, trends in both the provider and academic communities undermine the principles of engaged scholarship. Those of us in the service provider community should think about change in advocacy since the first White House Conference on Aging, pre-dating the Older Americans Act. To what extent are public hearings at the national, regional, or local level directed towards the needs and ideas of older community-dwelling people as opposed to the needs of those employed in the service sector? I mention this as evidence of an indirect barrier to the innovation that can happen on the tails of true provider and academic partnership. When program expansion or survival is paramount, energy is focused inward leaving little for innovative projects grounded in partnership with the academic community. Our reluctance as a nation to fund taxpayer-supported services for older adults at an adequate level impedes true provider-academic partnership.

Turning to those of us in the academic community, do we give adequate attention to the theoretical and methodological innovation that can come from listening to older people? One presidential symposium during the annual meeting in Richmond featured methodological and theoretical barriers to engaged scholarship. I pointed out that applied research grounded in partnership between the provider and academic communities takes academic researchers an important step closer to older adults. Listening to them provides insights that can enhance our work methodologically (improving our measurement of concepts) and theoretically. Listening is problematic, however, when we are speaking. Although we are expensively and elaborately educated and trained, we have to abandon the notion that we have the answers and there is little to be gained from listening to older people.

With engaged scholarship, the key is equal partnership between providers and academics in research targeting older adults or interventions to improve their lives and the lives of those trying to enhance their lives. Both providers and academics have wandered away from direct contact with older people. To prevent stagnation in service design, research findings featuring factoids drawn from secondary data in the absence of relevance or application, and theory devoid of utility, I believe we as an organization should continue a dialogue about the relevance of engaged scholarship.

Jim Mitchell
Out-Going SGS President

SGS 2010 Student Reflection

Karel Joyce Kalaw, MA

As a recent graduate of the MA Gerontology Program at UNC Charlotte I recently had the opportunity to attend the SGS 2010 conference at Richmond, VA. This was a blessing and good timing, as I had the chance to present my thesis completed as a student at UNCC. I presented my research regarding middle-aged Filipinos living in America and discussed their perceptions on their forthcoming aging. This opportunity also allowed me to introduce my identity as a Filipino. The session track in which I participated focused on ethnic and minority aging. The session went well; each of us presented research about our own cultures related to aging. Though the papers came from different cultural perspectives, it was clear that we all shared commonalities of experience in our research on aging. During the 'question and answer' session one of the audience members identified the potential for a cross-cultural study. Therefore, I also gained the opportunity to draw from the experience and perspective of the audience; I look forward to making this potential research collaboration tangible.

It was unfortunate that I could not attend the conference for its entire duration. Though it was only a one-day conference for me, I have benefited greatly from this experience. I had the chance to serve as a student volunteer. In the sessions that I was assigned to as moderator, I both enjoyed the presentations and interacted with the audience. This was my first time to serve as a moderator. I was very nervous about doing this, since I knew that I would be in a room full of people with a great deal of knowledge and experience. To my surprise, the audience was encouraging and took part in the facilitation of the discussion. It was an enriching experience as the audience freely exchanged their insights and reflections on the papers presented. Listening to people speak, I was brought back to my home. I made mental notes on how to make these robust studies applicable to my fellow Filipino aging population. True to its word, the conference proved to be a good avenue to add on to one's knowledge of Gerontology and served as model for a better quality of life as we age.

As a student paper presenter myself, I can very well relate to the students who presented in the sessions that I served as a moderator. However, the nervousness in doing presentations that one feels is something shared by most. From my experience, I believe that the audience inspired and stimulated the students to share their thoughts without the fear of being rejected or treated condescendingly. The sense of collegiality and respect for opinions and different perspectives was very apparent. I very much appreciated the atmosphere of the SGS conference for students; warm and accommodating. This was evidenced during the in-between session breaks where people sincerely offered their assistance in promoting collaborative research. The passion for Gerontology was clear.

This sense of passion is one of the things that I appreciated most about the conference. I was inspired and know it will contribute to my future research. This conference opened up possibilities and potential avenues for research. My professional desire to pursue a PhD in Gerontology was all the more validated as I saw, heard, interacted, and exchanged information with my fellow participants. I realized that we all have responsibilities to inform, educate and serve as advocates for the aging population. I would like to believe that I have the most ideal intentions and vision of pursuing this conviction. In the coming years it is my hope to be and bear this ideal.

SGS MEMBER NEWS

Cynthia Hancock received the UNC Charlotte College of Liberal Arts and Sciences Award for Teaching Excellence by a Lecturer this spring.

Kay Hind, the Area Agency on Aging director for SW Georgia and a past president of SGS, was recently honored by the Girl Scouts of Historic Georgia, Inc. as a Woman of Distinction. At the banquet, she received a string of pearls and a Certificate of Special Congressional Recognition from Congressman Sanford Bishop.

On June 4, 2010 **Dick Tucker**, Professor Emeritus at University of Central Florida, and his wife, Bev, celebrated their 50th Wedding Anniversary. They plan on celebrating by taking the whole family on a 7 day cruise of the Western Caribbean.

Christina D. Dhir received the A.D. Williams Award for Outstanding Academic and Professional Performance at the VCU/MCV Department of Gerontology, School of Allied Health Commencement on May 22, 2010.

Rita K. Chow, Ed.D, RN, has been presented The President's Call to Service Award for 11,118 hours by the President's Council on Service and Civic Participation in recognition and appreciation of her commitment to strengthening our Nation and for making a difference though volunteer service. She will receive the National Gerontological Nursing Association (NGNA) Board of Directors Lifetime Achievement Award in October at the NGNA Convention in Palm Springs, CA. in recognition for excellence in and distinguished contributions to gerontological nursing.

Doug Beach is leaving as Secretary of Department of Elder Affairs in Florida and will take over as CEO of the Council on Aging in Volusia County.

Gerontologist **Dr. Jan Vinita White** has been selected to receive the Alabama Senior Citizens Hall of Fame *Health Professional Award* at the 2010 Awards Ceremony in Montgomery on August 29, 2010. The *Health Professional Award* is awarded annually to a person in the health professions (excluding physicians) who has developed innovative programs and/or procedures that are designed to enhance the healing process for medical conditions that are directly associated with older citizens. The Alabama Senior Citizens Hall of Fame was created by the 1983 Alabama Legislature to honor living Alabama citizens who have contributed to the enhancement of the quality of life for Alabama's elderly citizens. She was nominated by Carol Swarzenbach, a member of the Alabama Silver-Haired Legislature, which was established in 1991 to push for laws and policies favorable to seniors. The members are elected every four years from each of 105 districts that correspond to the districts of the state House of Representatives.

Christy J. Jensen (Center for Excellence in Aging, William & Mary) has been elected Chair of the Virginia Caregiver Coalition for 2010-2011. She was recently interviewed on "The Caring Generation," a program of Denver Talk Radio, about the value of respite for family caregivers.

Martie Gillen will be awarded a Ph.D. from the University of Kentucky in Family Studies in August, 2010. The dissertation is entitled "Women's Alternative Retirement Options: Social Security Retirement Benefits and Employment Status."

SGS Membership: What's In It For You? How Do You Join?

Professionals exploring issues, applications and answers in the field of aging

SGS Annual Conference & Meeting: Leadership & Professional Networking; Continuing Education. Members receive a deep discount on registration fees for the annual meeting.

Publications: The Journal of Applied Gerontology, The Southern Gerontologist Newsletter. A free subscription to the **Journal of Applied Gerontology (JAG)**, the official journal of SGS is included with membership. The Journal is devoted to the publication of contributions that focus explicitly on the application of knowledge and insights from research and practice to improvement of the quality of life of older persons. Particular emphasis is placed on manuscripts and editorials that enhance dialogue among researchers, policy makers, and practitioners. In addition, members receive the **Southern Gerontologist**, a quarterly newsletter that complements JAG by providing updates on applied projects, member activities and emerging issues, and informing members of new books and videos of interest to the field of aging.

Student privileges: Membership discount, Conference registration discount, Networking & Leadership opportunities

SGS Committees are member friendly and provide an excellent opportunity to enhance one's professional development. By adding your voice to SGS you can help ensure that dialogue and cooperation maintain the balance between research and practice, through the guiding principle of SGS-- the alliance of practitioners and academicians to enhance the lives of our elders.

For more information contact **Lora Gage** SGS Executive Director, at <u>Lgage4sgs@aol.com</u> She will gladly send you an application and information. Don't miss the opportunity to become a member of a group of the South's most respected gerontology professionals.

JOIN TODAY!

New Media Releases

Open Road: America Looks at Aging: A 1-hour documentary on retirement is being incorporated into "Work and Retirement" Courses. The video can be found at the following link:

http://www.snagfilms.com/films/title/the_open_road_america_looks_at_aging/

The 40-70 Rule and the 70-40 Rule: This is a 2-in-1 guidebook published by Home Instead Senior Care Foundation. The premise is that when one reaches a certain age and when ones parents reach a certain age, that important conversations should take place. The 40-70 section provides "conversation starters for boomers and their senior loved ones." The 70-40 section provides "conversation starters for seniors and their boomer children."

The Alcohol and Aging Awareness Group in Virginia has produced a DVD/CD set with highlights from its 2009 Conference, *The Hidden Epidemic: Alcohol, Medication and the Older Adult Best Practices.* Legendary expert in the field of older adult substance abuse, Dr. Frederic C. Blow, is highlighted. In addition, the DVD features a theatrical presentation portraying ineffective practices currently employed by too many professional service providers as they attempt to address this issue. The order form may be found at http://www.abc.state.va.us/Education/olderadults/aging_dvd.html

Upcoming in the Journal of Applied Gerontology

Watch for these articles to be published in the Journal of Applied Gerontology in the August 2010 issue:

The effects of a physical activity program on sleep and health-related quality of life in older persons with arthritis by Janet K Freburger, Leigh Callahan, Jack Shreffler and Thelma Mielenz

A Web-Based Approach for Helping Communities Become More 'Aging Friendly' by Amanda Lehning, Andrew Scharlach and Teresa Dal Santo

The Bridge from Then to Now: Older Tibetans Living in Diaspora by Tenzin Wangmo and Pamela Teaster

Grant and Contract Management within An Intergenerational Shared-Site Organization: A Case Study by Nicole Ruggiano

Stability of the Philadelphia Geriatric Center Morale Scale: A Multidimensional Item Response Model and Rasch Analysis by Lin Ma, Kathy Green and Enid Cox

Brief Reports

Using an IADL Assessment to Identify Older Adults who need a Behind the Wheel Driving Evaluation by Anne Dickerson, Timothy Reistetter and Leonard Trujillo

Examining Change in Theory-based Physical Activity Beliefs of Culturally Diverse Older Adults by lina Antikainen, Rebecca Ellis, Maria Kosma, Priscilla Allen, Katie Cherry, Pamela Monroe and Robert Wood

Conference Calendar

Note: SGS Members are invited to submit notices of Southern regional and statewide non-profit educational/research events. Send dates, organization, theme, city, state, and website to Luci Bearon at luci_bearon@ncsu.edu

September 26-29, 2010

Southeastern Association of Area Agencies on Aging "Champions of Aging: Fighting for the Future" Louisville, KY

http://www.se4a.org/pdf/2010-SE4A-Conference.pdf

September 26-29, 2010

Georgia Gerontology Society & National Association of State Units on Aging

26th National Home and Community-Based Services Conference

Atlanta, GA

http://www.georgiagerontologysociety.org/conference.htm

October 13-15, 2010

North Carolina Governor's Conference on Aging "Building a Livable and Senior-Friendly North Carolina"

Research Triangle Park, NC

http://www.aging.unc.edu/nccoa/index.html

October 20-22, 2010

Rosalynn Carter Institute for Caregiving, 2010 National Summit and Training Institute Americus, GA

www.rosalynncarter.org/news/summit_keynote/

April 14-17, 2011

Southern Gerontological Society, 32nd annual meeting

"The New Aging Enterprise" Raleigh, NC

www.southerngerontologicalsociety.org

Additional events in gerontology may be found on the website for the Gerontological Society of America at http://www.geron.org/Resources/Events%20Calendar

The Southern Gerontological Society



expresses its deep gratitude and admiration

for the exemplary work of

J. James Cotter, Ph.D. and Jo Ann O'Quín, Ph.D.

as Editors of the Southern Gerontologist.

Jo Ann O'Quín 2001-2010 J. James Cotter 2003-2010

Round of Applause....

A special thanks to all officers, board members and committee chairs who are stepping down. These are:

Jim Mitchell (President); Christy J.
Jensen (Secretary); Douglas Beach;
Maureen Kelly; Maria Greene; Bill
Massey; and Louise Murray (Student
Representative); Graham Rowles
(Council of Presidents, Future
Directions); Ed Ansello (Local
Arrangements); Ed Rosenberg
(Nominating); Dena Shenk and Cynthia
Hancock (Program); and Victor Marshall
(Publications).

SGS Contact Information

Lora Gage, SGS Executive Director Lgage4sgs@aol.com

Web address www.southerngerontologicalsociety.org

Office phone and Fax: 941 541-2011

Welcome to New Members

Gina McCaskill - NC Anne O'Brien - GA Timothy Okeke – NC James Lindsey -NC J.N. Hershaw-VA

Simona Parvulescu-Codrea-VA

Kristy Robinson-TN Ginny Lindsey-VA Melanie Clapsadl-NC Jessica Mroz-NC

Patricia Brown Bonwell-VA

Kristen Pujari-VA Suzanne Thibault-VA Rosalie Otters-AR Maitrevee Mohanty-VA Parinaz Ghaswalla-VA Deanna Flora-VA Sheetal Dharia-VA Lesley Evans-NC Priyanka Kakad-VA

Walter Palmer-NC Jerry Passmore-NC Andrea Shamaskin-VA Beth Velde-NC Soo Hyung Kim-NC Harry Moody-DC L. Staton Noel-NC William Crawford-VA Kathy Greenwood-NC Suzette Chopin-VA Lindsie Webster-NC Sharon Faircloth-NC Alexis Bender-GA Virginia Sutton-NC N. Ruth Little-NC Brandalyn Riedel-VA Ginger Ragan-VA

Herman Lukow-VA

Nancy Owens-VA

Young Sohn-NC

Kendra Heatwole Shank-NC Sonya Barsness-VA Christina Dhir-VA Amber Wells-NC Marisa Sullivan-LA Debbie Preston-VA Shanta Sharma-AR Kelly Niles-Yokum-PA Mary Ligon-PA Shannon Marling-VA Heather Eisenhart-PA Deena Layport-PA Christine Mair-NC Kelly Munly-VA Tara McMullen-MD Christina Barmon-GA Karuna Sharma-GA

Michelle Hoffman-VA

Sarah Kurtz-VA



Rasheda Ali will provide the opening keynote address for Champions of Aging: Fighting for the Future, the 37th Annual Training Conference of the **Southeastern** Association of Area Agencies on Aging (SE4A) to be held September 26-29, 2010 in Louisville, Kentucky. The conference is intended to:

- Provide a Forum to Exchange/Receive Industry Related Information
- Create Opportunity for SE4A Members, Professionals and Interested Citizens to Gather and Share Information on Aging and Related Fields
- Promote Networking to Facilitate Cooperative Relationships Among the Aging Networks, Other Public Agencies and Private Sector Organizations

The preliminary program and conference registration form may be found at http://www.se4a.org/pdf/REGISTRATION-BROCHURE-FINAL-DRAFT.pdf August 10 is the deadline for securing the Early Bird full conference registration rate.

Scholarships are available to financially assist students who are pursuing a career in gerontology or geriatrics. Students currently enrolled in an accredited university within the eight Southeastern states are eligible to apply. The review criteria and application form are posted at http://www.se4a.org/aboutus/scholarships.cfm

CALL FOR EDITOR

Journal of Applied Gerontology

The Southern Gerontological Society is inviting applications for the position of Editor-in-Chief of the Journal of Applied Gerontology. The incumbent will succeed Dr. Malcolm Cutchin, who will be retiring from the editorship of the Journal in May of 2011.

We seek candidates who have some or all of the following attributes:

- Experience as a journal editor, editorial board experience, or extensive work as peer-reviewer for high-quality journals
- A publishing record that includes publications in refereed journals
- A history of involvement in research involving applied gerontology
- An understanding of and commitment to the mission and strategic plan of the journal as it relates to the Society's mission.

The Editor's tenure is three years. The Editor reports to the Publications Committee of the Society. The editor is responsible for managing the peer review process for the Journal. Further Information is available from the Publications Committee Chairperson, Dr. Victor Marshall (contact information provided below).

For an Applicant to be considered, the following materials must be provided:

- A current vita
- Reprints, digital versions or photocopies of no more than three of the applicant's most significant journal articles
- A brief statement from the applicant discussing the editorial direction of the *Journal* of Applied Gerontology. Include your thoughts about how this direction will serve the purposes of the Society.
- A statement from an administrator of the applicant's institution or organization describing support for the appointment (if applicable).

Nominations, suggestions, and direct applications are sought. Please send applications no later than October 31, 2010 to:

> Victor W. Marshall, Ph.D. Chair, SGS Publications Committee **UNC Institute on Aging** 720 Martin Luther King Jr. Blvd. Chapel Hill, NC 27599-1030 (919) 843-8067 or in Sociology 843-6791 Email: victor marshall@unc.edu